

East Gwillimbury's

October 2013, VOL. 15, NO. 8  
Since 1998

# Bulletin

MAGAZINE



**HOME • GARDEN • COMMUNITY • EVENTS**

HOLLAND LANDING, SHARON, QUEENSVILLE, MOUNT ALBERT & SURROUNDING AREA



## **RICHMOND HILL**

We decided to change things around a bit this year. We have a new date, new location, and a few new artists. This event, which includes only original, hand-made art in many forms and media, such as painting, sculpture, pottery, photography, printmaking and hand-crafted jewelry, continues to grow and is quickly becoming one of the most recognized tours in York Region.

On Saturday, October 19 & Sunday, October 20, 2013, Richmond Hill artisans will open the doors to their homes and studios to display and demonstrate their work. This is a great opportunity to meet them, watch demonstrations and purchase some exceptional artwork. The Richmond Hill Studio Tour & Art Sale showcases some of the most impressive art in Canada!

Admission to all studios is FREE! [www.RichmondHill.ca/StudioTour](http://www.RichmondHill.ca/StudioTour).

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## **WHITCHURCH-STOUFFVILLE**

Our artists are excited to show their vast array of artistic media ranging from painting to printmaking to pottery, stone and metal sculpture, wood carving and turning, photography, ceramics, fused and stained glass and one of a kind jewellery. We are proud to have a growing number of visitors returning year after year who continue to tell us that we have "one of the best studio tours" they have ever attended. We think so too. We enjoy sharing our art and ideas with all who attend and will make you feel welcome in our homes and studios. And we'll even offer you a chance to win a \$200.00 voucher to be used towards the purchase of art from any of our members!

We hope to see you all on "the weekend after Thanksgiving", October 19th and 20th for a celebration of art.  
<http://www.stouffvillestudiotour.com>

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## **NEWMARKET**

The Newmarket Group of Artists' Annual Studio Tour on October 26th and 27th celebrates the unique ways that Newmarket artists view and express our world. From stunning paintings, multimedia works and First Nation Art to innovative jewellery and breathtaking photography, there is something for everyone on this year's tour.

Right around the corner from you, a studio will have its doors open...

Meet the artists, and chat with them about how and why they are compelled to produce the visions before you. This year's tour encompasses 12 venues, including home studios, the Community Centre and shops on Historic Main Street with 23 artists and 1 collective waiting to greet you and share the beauty they create. <http://newmarketgroupofartists.org>

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## **EAST GWILLIMBURY**

East Gwillimbury Group of Artists with the support of the Town of East Gwillimbury proudly presents the Second Annual East Gwillimbury Artistic Edge 2013 on Friday November 8 (6:30 pm - 9:00 pm) and Saturday November 9 (10:00 am - 3:30 pm). East Gwillimbury Sports Complex (Sharon Arena) 1914B Mount Albert Road, Sharon (Canada Rooms 1 and 2). The Show and Sale consists of framed original watercolour, oil acrylic, pen and ink, photography, etc. as well as cards and matted original artwork. A wine and cheese reception on Friday evening with the official opening by the Honorable Virginia Hackson, Mayor of East Gwillimbury at 7:30 pm. Admission is free.

Next month: A list of holiday parades! EEK...

## Minor Atom A Eagles go Undefeated in The Garden City Early Bird Tournament in St. Catherines



The East Gwillimbury Minor Atom A team had a great start to the season the weekend of Sept 20th-22nd by winning the Garden City Early Bird tournament in St. Catherines.

They started off the tournament on Friday with a 9-1 victory against The Guelph Gryphons and continued their streak against The New Hamburg Huskies at a score of 3-1. The Team added two more victories on Saturday, beating The Clarington Toros

and the Ancaster Avalanche to move onto the finals Sunday morning against The Niagara Falls Canucks.

Both teams battled hard but with some great saves by the Eagle's goalie and some hard work from the entire team, they pulled off a 5-3 win to become the Garden City Minor Atom A champion's.

Submitted by Sheri Johnson

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**October is Nutrition Month!**

**Another Mt. Albert Foodland Seminar\*!**  
October 20, 9 – 10:00 a.m. \$19.99 +tx

**Back by popular demand: Real Food for Real Results\*!**  
Oct 26, 9 am – 12 pm, Ross Family Complex, \$89.00 +tx

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Contributors: Anne Hill, Lee Lander, Susan Crema-Martin, Vicki Pinkerton, Colin Wackett, Brandi McCarthy, Susan Boyne-Bird, Raymond Mark.

## ON THE COVER:

East Gwillimbury Policing Centre volunteer Kirk Kelly and YRP Bobby the Bear mascot helped out along with other EGCPD volunteers at the Annual Back to School Bash in Holland Landing this past August. Check out more photos from events on page 9 of this issue.

If you want to share a photo from a local event please send to [info@thebulletinmagazine.com](mailto:info@thebulletinmagazine.com) with a brief description



OCTOBER 2013, VOL. 15, NO. 8



## East Gwillimbury's **Bulletin** MAGAZINE Since 1998

[www.TheBulletinMagazine.com](http://www.TheBulletinMagazine.com)

Editor/Publisher | Christine Bennis  
[info@thebulletinmagazine.com](mailto:info@thebulletinmagazine.com)  
905-473-9742

Advertising Sales | Julie Smith  
[julie@thebulletinmagazine.com](mailto:julie@thebulletinmagazine.com)  
905-473-9788

*East Gwillimbury's Bulletin Magazine is published 10 times per year, by Creative Graphics, 4819 Holborn Road, Mount Albert, Ontario L0G 1M0*

*Acceptance of advertising does not carry with it endorsement by the publisher. Opinions expressed by its contributors does not necessarily reflect positions of The Bulletin Magazine.*

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*Delivery via Canada Post Unaddressed Admail.  
Circulation: 9,500 copies*



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## Master Gardeners Advice-Line

Free email help-line for home gardeners. Advice and education for home gardeners by certified horticultural volunteers. Contact [yorkmastergardener@gmail.com](mailto:yorkmastergardener@gmail.com)



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### DID YOU KNOW...

- Stewart, British Columbia is the snowiest town in the country. Over a typical winter they see an average of 572cm of snow.
- The dot on top of the letter 'i' is called a tittle.
- Women blink twice as much as men.

# What's On



## SCOUTING NEWS:

Until October 25th local Scouting Groups are selling a wide range of products from popping corn and microwave product as well as caramel and other flavours of popped corn including chocolate coated. Funds raised are used to support local Scouting activities

### Saturday, October 19

#### Scouts Canada Apple Day

Holland Landing Community Centre. Scouts will also be at various retail locations and some door-to-door canvassing. Mount Albert and Holland groups will be asking for donations to support the programs for youth.

### Every Monday and Wednesday Holland Landing Storybook House

A free resource centre for families/ caregivers with children from birth to 5 years of age. Join us for socialization, stories, songs, fingerplays, waterplay, playdough, music and movement. 9:30 a.m. – 11:30 a.m. at Holland Landing Public School, 16 Holland River Blvd., Holland Landing. 905-836-8916. Closed school holidays and July/August.

### Every Wednesday of the Month Self Employment Benefit (OSEB) Program

The Ontario Self Employment Benefit program helps eligible, unemployed

individuals to start their own business. To learn more or to register for a session call 905-952-0981. Job Skills, 17915 Leslie Street. [www.jobskills.org](http://www.jobskills.org)

### Every 3rd Thursday of the Month H.L.. Country & Western Jamboree

Holland Landing Community Centre. 7 pm to 11 pm. All are welcome. Jacquie or Walt at 905-473-7072 for info.

### The Canadian Cancer Society invites you to help Paint the Town Pink!!

October is National Breast Cancer Awareness Month Volunteers will be collecting donations and handing out Pink Ribbons on October 4, 5 & 6, 10 & 11 at various locations throughout York Region Wear a Pink Ribbon to show your support and help spread breast cancer awareness! Your contributions will be used for women's cancer research

### Saturday, October 12 East Gwillimbury Trail Walk

10:00 a.m. Cawthra Mulock Nature Reserve Trail. Parking lot about 400 metres north of Green Lane off the west side of Bathurst Street (drive in about 300 metres).

### Saturday, October 12 Cinema Saturdays

Holland Landing Library 2:00 pm. Did you miss seeing this Southlake Cinemania favourite? Now is your chance! No charge, but a donation toward the cost of the license would be appreciated. Call 905-836-6492 to save your seat. *Margin Call* (rated 14A). A thriller that revolves around key people in an investment bank over a 24-hour

period in the early stages of a financial crisis.

**Tuesday, October 15**  
**EAST GWILLIMBURY GARDENERS**  
(MOUNT ALBERT GARDEN & HORT SOCIETY): "No More Petunias: A Potpourri of the Unique and Unusual", guest speaker David Hobson. 7:30 pm. Final flower show of the year. All welcome, visitors pay just \$2. Mount Albert Community Centre, 53 Main St. Refreshments and a friendly group. For more information call 905-478-8450 or visit <http://www.gardenontario.org/mountalbert>

### Wednesday, October 16 Mount Albert Village Association's Annual AGM

7:00 pm. 3 levels of membership. Mount Albert Community Centre Hall - Upper Level. All Welcome!  
[www.mountalbert.com](http://www.mountalbert.com)

### Wednesday, October 16 Mount Albert Downtown Revitalization Project Kick-Off

by members of the Economic Development Branch of the Town of East Gwillimbury. Held in conjunction with the MAVA's AGM. Starts 7:00 pm. All welcome.

### Wednesday, October 16 Activity Centre Open House @ Phoebe Gilman Public School

5:00 p.m. - 7:00 p.m.  
145 Harvest Hills Blvd., East Gwillimbury  
The 1500 square foot activity centre is owned by East Gwillimbury. It will offer recreational programming throughout the week and will serve as a rental facility for residents. The gym will be

# What's On

shared with the school for community based Parks, Recreation and Health and Wellness programs offered by the Town and its agency partners. Come out and view the facility and sample programs that will be offered.

## **Saturday, October 19**

### **Legion Support Our Troops**

Mount Albert United Church 4:00 p.m. Come out and support our Canadian Polices. Listen to music of York Region Police Choir.

## **Tuesday, October 22**

### **Mount Albert Sports Day Committee Meeting, 7:30 pm start**

Come out and help plan the 89th event - Volunteers needed

## **Wednesday, October 23**

### **Wills and Executors**

– What you need to know  
Free seminar: Wills should be reviewed every 3 years or so or after major life events. Rosemarie Buonaiuto, lawyer, and Steve Walsh, Chartered Accountant and financial advisor, will discuss why you need a will and the importance of having both a Power of Attorney for Property and for Personal Care, what you should know before appointing an executor, and if you have been named as an executor, your legal responsibilities and the risk you take on when you accept this position. Included will be some of the additional provisions you may want to consider when naming guardians for minor children or for beneficiaries with a disability. 6:30-8:00 pm, at the East Gwillimbury

Public Library, Holland Landing branch, 19513 Yonge St. Register at 905-836-6492.



## **Saturday, October 26**

### **MAVA Fall/Halloween Dance**

8 pm at the Mount Albert Community Centre - Upstairs. Tickets \$15 each, available in advance at: Mad Hatter's Bistro & Catering Phil's Haulage The Corner Decor & More Or by sending an email to [events@moutalbert.com](mailto:events@moutalbert.com) Tickets will also be available at the door. There will be raffle tickets for sale, late night snacks and a cash bar. Wear a costume for a chance of a prize, but not mandatory to attend the evening of fun.

## **NOVEMBER WHAT'S ON**

### **Saturday, November 2**

#### **27th Annual Holland Landing Craft Show**

10:00 am to 3:30 pm. Shop early for unique gifts. The Holland Landing Community Centre, 19513 Yonge St., Holland Landing offers 70 Vendors with hand crafted items and Tea Room offering sweet treats, BBQ hamburgers/hot dogs. Admission \$2.00. All proceeds in support of Community Living Newmarket/Aurora District.

### **Sunday,**

### **November 3**

#### **Mount Albert Craft Sale**

10 am - 3:30 pm, Mt. Albert Lions Hall, 5057 Mt. Albert Rd. (west of Hwy 48), 25 + Crafters, Free Admission, Local Girl guide movement selling light refreshments. For info call Marlene 905-473-2742.



Not-for-profit events are free to list in our print edition of The Bulletin. Please visit our website [www.TheBulletinMagazine.com](http://www.TheBulletinMagazine.com) and fill in the Submit an Event information.

Other event listings have a fee. Contact [julie@thebulletinmagazine.com](mailto:julie@thebulletinmagazine.com)

#### **LOOK FOR OUR NEW FEATURE!**

**CHURCH NEWS** on page 12 in this issue.

All church event listings will have a designated section in each issue...

Provide information through our Submit an Event section on our website before the 20th of each month.

# Hort Happenings October 2013

By Anne Hill

A big thank you to everyone who worked at our East Gwillimbury Gardeners fall plant and bake sale in Sharon on September 7th and the people who supported us by buying plants and preserves. For the second year in a row the sale was a very soggy affair – that second weekend in September seems to produce downpours! The valiant crew slogged through puddles setting out the plants and helping customers. We felt sorry for the East Gwillimbury farmers' market vendors too, they had planned extra activities for children that weekend. That same day two of our members designed and produced the large flower arrangements which graced the East Gwillimbury Chamber of Commerce Home Show at the Sports Complex. Delivering the arrangements on a truck in the rain was quite a challenge!

Now we are into frosty nights and those lovely fall days when it's a pleasure to work in the garden. It's time to check the notes I made in the spring about where I need to add bulbs. The indoor/outdoor plants are soaking up the last of the warmth before coming inside after a wash to remove any insects on them. Some of the coleus was particularly nice this year; I've taken cuttings to carry it over the winter to grow for next year. The large succulent has thrown off several babies so they will get potted up.

How was your vegetable crop this year? Our yard is steadily becoming more shady as the trees grow (reminder – do check how the shade patterns will be affected before planting a little tree that is going to grow big!) so the vegetables get much less sun. Cucumbers seemed to be especially crisp and good this year.

This time last year the house was being swarmed by box elder bugs – those annoying red and black flying bugs determined to come inside for the winter. This year I haven't seen any at all. Several people told me they come in cycles, with the population increasing over a period of years and then dropping right off and this seems to be true.

Our speaker on Tuesday October 15th October at 7:30pm will be David Hobson, garden writer and humorist. David is the author of *Diary of a Mad Gardener* and *Soiled Reputations* as well as several garden blogs. His topic is "No More Petunias: A Potpourri of the Unique and Unusual". We will also have our last flower show of the year.

We meet the third Tuesday of the month, February to November, 7:30p.m. at Mount Albert Community Hall, Main Street, Mount Albert. Guests pay just \$2 per meeting and you can sign up to become a member of any of our meetings: an individual membership costs just \$20 per year, \$25 for a couple or \$30 for a family. A membership taken out now will run till the end of 2014. A youth membership is \$5. For more information call 905-478-8450 or visit [www.gardenontario.org/mountalbert](http://www.gardenontario.org/mountalbert). You will also find us at [Facebook.com/eastgwillimburygardeners](https://www.facebook.com/eastgwillimburygardeners)



A Bunch of Dedicated Gardeners!

From L to R:  
Tina Forrester, Valerie Liney,  
Barb Elend, Anne Hill,  
Ellen Power, Jennifer Walton.

Photo courtesy of  
Valerie Liney

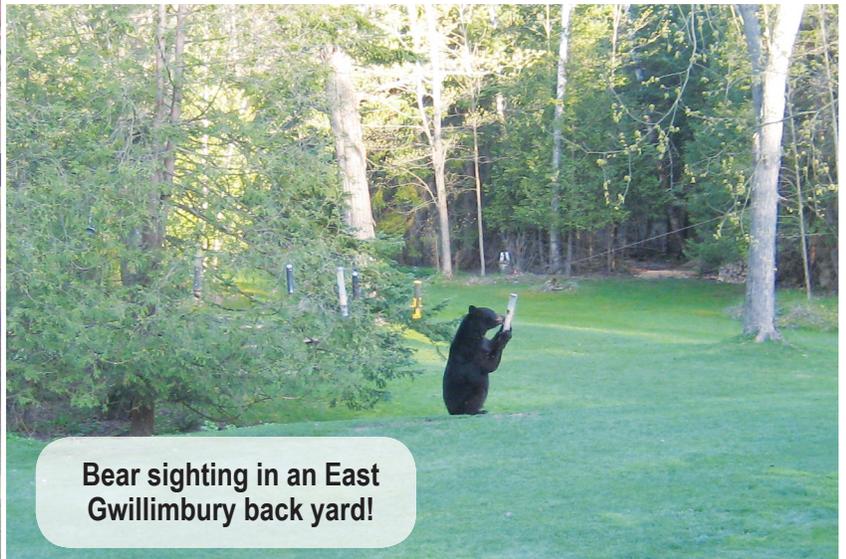
# Around Town...



Back to School Bash hosted by the Lakeside Community Church at the Holland Landing Community Centre



Mayor Hackson and Mount Albert Family Place's Christine Stewart at the 4th Annual Family Fall Festival in Mount Albert



Bear sighting in an East Gwillimbury back yard!



Baby turtles make their way from underground



Storyteller at Sharon Temple's Weaving Words

# Volunteering 101



NeighbourhoodNetwork  
Building Better Communities Together

Calling all high school students! Whether you are new to high school or preparing for your final year, you will soon find yourself involved in volunteering.

## DID YOU KNOW?

- The York Region and Catholic District School Boards require the completion of 40 Community Involvement/Christian Community Service hours in order for you to graduate
- You can begin contributing to the 40 Community Involvement/Christian Community Service hours on July 1st after finishing grade 8 until the end of grade 12
- Volunteering cannot take place during regular school hours (with the exception of lunch and spare)
- There are numerous areas you can volunteer, both in and outside your high school! Here are a few:
  - o Organize and lead high school activities that benefit the community
  - o Care for animals in zoos, shelters, or farms
  - o Arts and culture volunteering in galleries, libraries, or community productions
  - o Assist with events, programs, or clerical tasks at charitable organizations
  - o Help with children and youth programs or at camps
  - o Involve yourself in environmental projects, like tree planting or recycling initiatives
  - o Assist individuals with disabilities or senior citizens
  - o Help in the organization and facilitation of religious programs and special events
  - o Sports and recreational volunteering through coaching
  - o Service-focused such as holiday dinner preparations or gift drive collections
  - o Health agency volunteering at hospitals, hospices, or through blood donation clinics
  - o Police organized events
  - o Activities related to legitimate and recognized political organizations

## So, where do you go from here?

Neighbourhood Network is a Magna for Community initiative that matches volunteers with charities in need. We offer a wide range of volunteer opportunities – from sports, to arts, and social services. Rewarding volunteer opportunities are available all over York Region, in whatever area you are interested in, and can be found by visiting the Neighbourhood Network website.

Additionally, Neighbourhood Network offers four annual volunteer programs. If you participate in all of these programs from grade nine to twelve, you will receive more than your forty hours of community service!

## FALL FOOD DRIVE

Every November, Neighbourhood Network coordinates a daylong community food drive. With dozens of volunteers, and in partnership with the local grocery stores and food banks in Newmarket, Aurora, East Gwillimbury, and Georgina, hundreds of pounds of food and thousands of dollars are raised to fight hunger in our community.

Date: November 2nd, 2013

## SENIOR SNOW REMOVAL

Neighbourhood Network coordinates a volunteer snow removal service for eligible seniors and persons with disabilities. This program matches volunteer snow shovellers in neighbourhoods with registered clients living in the towns of Newmarket, Aurora, East Gwillimbury, and Georgina. As a volunteer you are requested to clean the snow from the driveway, sidewalk

and front door within 24 hours of snowfall.  
Date: December 2013 – March 2014

### HOLIDAY GIFT DRIVE

Neighbourhood Network coordinates an annual Holiday Gift Drive for local community organizations. Our partner organizations identify their needs, and we put individual gift donations into the hands of those who need it most.  
Date: November and December 2013

### ANNUAL TREE PLANTING

Each spring, Neighbourhood Network coordinates a full day of community tree planting. With the help of hundreds of volunteers, thousands of trees are planted resulting in blooming and growing benefits for our environment.  
Date: April 26, 2014

If you are an active volunteer and in grade 12 you could be eligible for the... GIVE BACK AWARD

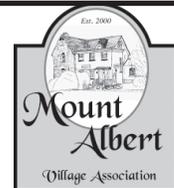
The Give Back Award is a \$500 scholarship donated annually to two students at every high school in Newmarket and Aurora. Established in 2004 by Belinda Stronach, this scholarship is presented to students in their final year who have given back to our community and who have made a positive contribution to fellow students and citizens

If you are interested in volunteering, visit the Neighbourhood Network website ([www.neighbourhoodnetwork.org](http://www.neighbourhoodnetwork.org)), call our office (905-726-3737), or check us out on facebook and twitter ([www.facebook.com/NeighbourhoodNetwork](http://www.facebook.com/NeighbourhoodNetwork) and @NeighbourNetwrk)!



Susan Boyne-Bird is a Mount Albert resident and is East Gwillimbury's ambassador for Neighbourhood Network. If you are interested in exploring volunteer opportunities or if you're a non profit organization who would like to partner with Neighbourhood Network, you can get in touch with me at 905.473.9617 or at [stboyne@sympatico.ca](mailto:stboyne@sympatico.ca).

## Mount Albert Village Association (MAVA) NEWS



Have you checked out the updated Mount Albert website? MAVA is proud of the new look. Make sure to check it out @ [www.mountalbert.com](http://www.mountalbert.com). The aim is to include historical information as well as being a landing site for residents to find local information & access the business directory highlighting MAVA Business Members. Forward any stories or photos of Mount Albert in its early years to [web@mountalbert.com](mailto:web@mountalbert.com)

- Our Fall/Halloween Dance will be held Saturday October 26th @ the Mount Albert Community Centre at 8 pm. Tickets will be available through Mad Hatter's Bistro, Phil's Haulage & The Corner Décor & More. Tickets are \$15 each. Included are light snacks, door prize and best Halloween Costume prize (costume not required to attend). Cash bar.
- The Downtown Revitalization resident survey is now available at local businesses or on the Town's website. This is a community-wide project to develop a vibrant downtown core for Mount Albert. Project Coordinator Lindsay Leung will be at the Community Policing Centre on Main Street every Wednesday. Updates will be available on our website and [www.eastgwillimbury.ca](http://www.eastgwillimbury.ca)
- The Annual General Meeting is scheduled for Wednesday October 16, 2013 @ 7 pm at the Mount Albert Community Centre. The meeting is open to all.

The Mount Albert Village Association is open to all residents and businesses. There are 3 levels of annual membership; \$10 – perfect for the resident, \$50 & \$100 – geared towards businesses. Details are posted on the website. Enhanced Members may have events posted on the MAVA Community Calendar.

The next meeting is the AGM Meeting;  
Wednesday, October 16th @ 7pm  
Mount Albert C.C. (Upstairs) - 53 Main Street.

Stay Happy, Stay Safe, Shop Local!  
[www.mountalbert.com](http://www.mountalbert.com)

# Church News

October 9, December 11, February 12/14, April 9/14

## Seniors' Brunch

Mount Albert Community Centre, 53 Main Street, Mount Albert. 10:00 am to 11:30 am. No charge.  
Brunch and talk from the Bible.

Tuesday, October 15

## Mount Albert United Church Community Luncheon

11:30-1:00 pm. Church Basement. Continuous serve. All proceeds to Florence's Kitchen

Friday, October 18

## Talent Showcase @ Queensville Holland Landing United Church

7:00 pm. Local Talent - \$5.00 Adults \$2.50 (under 12). 20453 Leslie Street, Queensville

Saturday, October 26

## Celebration Pot Luck Dinner - 135th Anniversary of Mount Albert United Church

5:00 pm at Royal Oak Court, Mount Albert

Saturday, November 2

## The Anglican Church Women of St. James the Apostle Annual Christmas Bazaar

In the Parish Hall at 18794 Leslie Street, Sharon, from 10:00 a.m. - 1:00 p.m. Baking, crafts, tea table and more!

Wednesday, November 6

## TURKEY DINNER with ALL THE TRIMMINGS

Queensville Holland Landing United Church

3 Sittings (5,6,7 pm) Tickets: Call Jim/Joan Mortson at 905-478-4734. 20453 Leslie Street, Queensville



## Mount Albert Legion Support Our Troops

Saturday, October 19, 2013  
Mount Albert United Church, 41 Alice Street  
Start time 4:00 pm

Come out and support our Canadian Polices  
Listen to music of York Region Police Choir



# Yard Waste Pick-up Days

October 15 - 18

October 29 - November 1

November 12 - 15

**(Dates correspond with your recycling pick up days alternating with your regular garbage days, every two weeks from April to November)**

No limit on yard waste placed for collection  
A "yard waste" sticker must be placed on the open rigid containers used for yard waste.  
Available at the Civic Centre and libraries.

### Do not include:

Kitchen Scraps, Grass Clippings, Rocks, dirt, sod, tree stumps, branches larger than 4" in diameter, flower pots/trays, painted or treated wood and animal droppings.

**Please Note:** Because yard waste is banned from landfills, a single bag of yard waste could result in the entire load being rejected! Rather than throwing your yard waste in the garbage, do your part and separate it out so we can compost it.

Did you know that yard waste (leaves, branches, twigs) makes up over 25% of our waste stream?



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# Assertive Communication

By Raymond Mark H.B.A., B.S.W.

Assertive communication--that's where you punch out someone you don't agree with, right? Maybe not... Assertiveness is often confused with aggressiveness. There is a big difference between these two concepts. It is useful to think of a continuum (below) along which the whole range of human behaviour lies. Some behaviour is extremely passive (at one end of the continuum), some is extremely aggressive (at the other end), and some (assertive) lies somewhere in between:

passive<----->Assertive<----->AGGRESSIVE

There is quite a bit of latitude before one acts either passively or aggressively. Most of us who are concerned with becoming more assertive may feel we are too passive; it is difficult to stand up for ourselves in situations in which it would be justified and appropriate. In fact, a definition of assertive communication might be, "the appropriate and honest expression of our views or feelings to another person, while respecting that person's rights as well." Being assertive does not mean stomping on another's toes--that is aggression. It does mean that we say and do what we need to, but not to gain revenge or hurt another person.

So what keeps us from communicating assertively, and what's the problem if we don't? Some people feel that it is hard to be assertive for fear of hurting another person's feelings, and perhaps risking rejection by that person. Relying on what we think others think of us for our self-worth makes it hard

to be assertive. Have you ever felt hurt or angry, whether at yourself or someone else, when you have not stood up for yourself? If we don't practice these skills our self-worth may dwindle to almost nothing, and we may feel uncertain about tackling even the smallest challenge.

There are a couple of skills that you can practice that may help. One of these is called "I - language" as opposed to "you-language" with aggressive behaviour. What this means is simple: when we have a reaction to something another person says, we let that person know how we are affected, using a phrase like, "I feel left out sometimes when we are in a group of people and you seem to ignore me." And what if your friend borrows a book and returns it damaged, "I feel angry that you damaged my book. I would appreciate you buying me another one." All of this helps you know how you do feel at such times--the skill of recognizing feelings.

What if it takes you a day or two to figure out that you're mad? It is okay to say, "Last week when you borrowed my book and damaged it, I was pretty mad. In fact I'm still upset." If you think you can say something of this sort, but you aren't sure you would know what to do then, it may help to schedule an appointment with a counsellor to come up with some ideas. But one thing is certain: The skills of recognizing feelings and using "I - language" will help you to communicate more clearly and honestly if you practice them.

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# LEGION WELCOMES MOTORCYCLE CLUBS AT ITS BRANCHES

BY COLIN WACKETT

The Ontario Command of the Royal Canadian Legion recently announced a new initiative for legion branches across Ontario.

At a press conference, Ontario Command president Bruce Julian outlined the details to assembled legion and chapter riders from various groups, including the Veterans 1st Cav. Riders.

Dominion Command had earlier approved the start of motorcycle groups within local branches and Ontario Command enthusiastically supports the initiative, said Julian.

In his presentation, Julian spoke of the services supplied to veterans and serving members and their families since 1926 and the fact the legion is the largest veteran service and community support organization in Canada.

But, he pointed out, many legion members are also motorcycle enthusiasts and this aspect of the legion, until now, had not been addressed.

“So, here I am today to say, based upon popular demand from our legion members, that Dominion Command has launched this initiative to create a motorcycle group to help generate awareness about the legion, its community engagement across the country and its services to our serving and retired veterans, RCMP

personnel and their families,” Julian said.

“The Legion Riders are now able to mount up across Canada and form clubs at legion branches from coast to coast.” Reaction from riders at the press conference was positive.



When being thanked for attending, the riders from the Veterans 1st Cav. Riders said they were there in the name of veterans who need support because “that is what they do.”

Alongside the legion, they were happy to attend and support the initiative. Some of the riders were already legion members and told of veterans who were urged to join the legion when having troubles with Veterans Affairs.

Each branch in Canada has a veterans service officer to help all veterans.

Other club riders asked how quickly this could be started within branches. Legion riders are offering help to branches who wish to form their riders groups.

A new crest for Legion Riders has been designed and is available through the branches.

For further information, contact the Orillia Legion, Branch 34, by calling 705-325-8442.

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# WALL OF HONOUR

OTTAWA, ON, SEPTEMBER 13, 2013

Every year, for more than ninety years, millions of Canadians have supported The Royal Canadian Legion's Poppy Campaign and Remembrance Day ceremony. They have done so by attending cenotaphs and monuments for Remembrance ceremonies held across this country and by wearing the Poppy.

Last year, Canadians were afforded another opportunity to show their respect for all Veterans: The Legion asked Canadians to send a photograph of a deceased Veteran to Dominion Command, The Royal Canadian Legion. These photos, in turn, were displayed on the large video screens located near the National War Memorial and shown prior to the Remembrance Day Ceremony held on November 11th and were later posted on the Legion's website and available to all Canadians and everyone around the world to see.

Building on its success from last year, The Royal Canadian Legion is asking Canadians to Remember and help build this "Virtual Wall of Honour and Remembrance" by sending in their photos to Dominion Command. These photos should also include the name of the deceased, years of service, element or force to which the departed belonged or regiment/unit.

Relatives or friends of a beloved Veteran may have the deceased Veterans' photo displayed on the "Virtual Wall of Honour and Remembrance."

Photos, either a high resolution digital image or a hard copy, may be sent to Dominion Command, 86 Aird Place, Ottawa, ON, K2L 0A1 (no originals please as they cannot be returned) or electronically to rememberingthem@legion.ca or aleurmemoire@legion.ca.

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~ralph waldo emerson~

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# FIRE PREVENTION WEEK

October 6 - 12, 2013

- Watch what you heat
- Drink responsibly while cooking
- If a fire occurs, get out immediately and CALL 911

## PREVENT KITCHEN FIRES



## Cooking oil and grease fires are a major cause of residential fires in Canada

Kitchen fires due to cooking oil or grease igniting into flames cause the fastest-spreading and most destructive type of residential fire. When cooking with grease or oil, it is extremely important that you plan ahead so that you will know how to react fast to fire. Here are some tips:

### Deep Frying

The safest way to deep fry foods such as chicken or fries is to use a thermostatically-controlled electric skillet or a deep fat fryer.

### Pan Frying

Keep a pan lid or cookie sheet handy in case grease or oil catches fire. The lid or cookie sheet should be slid over the top of the pan to smother the fire.

Never attempt to move a flaming pot or pan away from the stove. The movement can fan the flames and so spread the fire. The pan will also likely be very hot, causing you to drop it. In either case, you are placing yourself at great risk. Your immediate action should be to smother the fire by sliding a lid or flat cookie sheet over the pan. Afterwards, turn off the heat and exhaust the fan, allowing the pan time to cool. Most importantly, react fast, because grease fires spread very quickly.

### Oven Cooking

Keep your oven clean. Grease and food splatters can ignite at high temperatures.

Ensure that you wear oven mitts when removing cooking containers to avoid serious burns.

Follow the cooking instructions for the recipe and the product you are using.

**Going home after a hospital stay?**

---

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Broiling is a popular method of cooking. When you use your broiler, place the rack 5 to 8 cm (two to three inches) from the broiler element. Always place a drip pan beneath the broiler rack to catch the fat drippings. Never use aluminum foil for this purpose because the fat accumulated on the foil could catch fire or spill over.

#### Microwave Cooking

Microwave ovens are a marvellous time-saving tool, but there are three characteristics of microwave cooking you should be cognisant of:

1. The heat is reflected by the metal interior.
2. Heat can pass through glass, plastic and other materials.
3. Heat is absorbed by the food.

Foods, like those in high-fat or sugar, can heat very rapidly but feel cool to the touch. Pastry fillings can be very hot, but the crust cooler. Milk in baby bottles could be boiling, but the bottle itself not very hot to the touch. Use caution at all times.

Do not use tin foil or any other metal objects in the microwave. If a fire occurs, keep the door closed and unplug the unit. Call a qualified maintenance technician to ensure the microwave is in proper working order before using it again.



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## How Sweet It Is

---

Everyone loves a sweet treat every now and then, but wouldn't it be nice if that sweet treat came packed with a multitude of health benefits? Well honey, I've got you covered (couldn't resist that one!) Yup, sweet and delicious honey is not only easy on the taste buds, it's packed whole a host of health benefits you won't find anywhere else. I'm happy to give you lots of reasons to enjoy some delicious honey, but please still use caution. Even though it has lots of health benefits, it's STILL a sugar and needs to be enjoyed in moderation!

Are you an allergy sufferer? If the answer is yes, you need to add some local, unpasteurized honey to your diet. It's important that it be local honey. Honey procured from local producers is made from bees that feast on native pollens to make the honey; those same native pollens are what cause you all that suffering come allergy season! The bees then use that pollen to make honey, and the honey then acts like a natural vaccine, protecting you from the wrath of itchy, watery eyes, sneezing and the multitude of other symptoms that allergy sufferers deal with. It doesn't get more natural than that! The results are largely anecdotal and need more studying, but it certainly wouldn't hurt to try it out! Alternative health care practitioners swear by it. (FYI-Staite's Honey on Ashworth road just west of Durham road 30 is a great local choice for East Gwillimbury residents. It's also available at the Mount Albert Foodland.)

Got a cold? We rarely get through a full year without some form of the sniffles, and honey can help with that too! We've all heard about adding some honey to your tea or lemon water when your sick, but do you know why? Honey is a natural antibiotic and antiviral agent and can help fight the bad bacteria that makes you sick. It works especially well for sore throats as its very soothing as well as antiseptic. It's important that this honey be unpasteurized as well. Pasteurized honey (like the Billy Bee variety) have been exposed to extreme heats which destroy any of the beneficial aspects of the honey, making it just a source of sugar. Local honey generally will not be pasteurized. Support your local farmers and get a hearty dose of a delicious cold remedy while you are at it! A word to the wise, children under the age of two should not be given honey as it may pose a very real health risk to their underdeveloped immune systems.

Looking for a perfect post workout recovery food? Many people enjoy a smoothie after a workout, but if your adding a sweetener other than honey (or coconut nectar, but that's for another article!) you may not be getting all the benefits you could be. Post workout is the best time to enjoy some extra carbs as your body is primed to store it as glycogen; the energy source you will use for your next workout. Studies have shown that honey is superior to other sugars in improving recovery time and building those oh so important glycogen stores! My favourite is a peach smoothie made with coconut milk, a tsp of honey and a dash of cinnamon. Yumm. (As an added bonus, both cinnamon and honey help to keep blood sugar levels more stable.)

Have a boo-boo? Yup, honey can help with that too. Because of its antibacterial and antiseptic properties, honey is an excellent wound healer. It reportedly heals burns miraculously and can be beneficial for anything from acne and eczema to cuts and scrapes. Think of it as Polysporin you can eat!! (Great for kids over two that still put everything in their mouth!)

Need a facial? For a delicious (and cheap) spa treatment for dry or acne prone skin, try mixing a tablespoon of honey with a tablespoon of mashed avocado for a moisturizing and zit zapping face mask. Finish with some cucumber slices on your eyes and you will truly look the part, no tipping required!

As you can see, honey has way more benefits than just tasting good! It not only belongs in your cupboard, but your medicine cabinet and makeup case as well! So, the next time you are reaching for a sweetener, make it honey, you will get way more than you bargained for! Oh, how sweet it is.



By Brandi McCarthy, RHN. Brandi is a Registered Nutritionist and certified Personal Trainer at Body Design. Body Design offers personal training, nutrition and lifestyle coaching to assist individuals achieve their fitness and weight loss goals. [www.bodydesign.ca](http://www.bodydesign.ca)

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# Realty-Wise

- with -

*Lee Lander*

## “Why Isn’t My Home Selling?”

You’ve put your home up for sale but unfortunately it’s been a couple of weeks and you haven’t generated any legitimate interest. Understandably, you’re frustrated and anxious for some action.

You now realize that selling a home is not as simple as putting up a “For Sale” sign and waiting for the offers to come rolling in. When reviewing your strategy consider the following:

### A Basic MLS Listing Isn’t Enough

To get noticed on MLS every detail needs to accentuate the finest points of your home in order to appeal to the widest range of potential buyers. Your home could also benefit from additional online exposure such as social media, free classified sites, and any number of public real estate sites on the web.

### Great Photos Matter

Professional photos are a must for maximum appeal; photos taken with a smart phone may be sufficient in your personal life but give the wrong impression when selling your home. A professional photographer knows how to use proper techniques to highlight the features of your home.

### Buyers Don’t Buy What They Can’t See

Buyers want to see homes when they want and yes, that could be inconvenient for you. If you decline a showing request or otherwise make it difficult, buyers will typically move on to the next home for sale where the owner is likely more accommodating.

### Timing

There are certain times during the year that buyers will either not want to shop or not want

to move i.e. Christmas, March Break, Back to School season, etc... Given that typically deals will close 60-90 days from the date of signing you need to give some thought to how your listing date and potential sale date fits in with these seasonal events.

### The Realtor® You Choose

As with most things in life, you get what you pay for and with Realtors® it’s no different. Don’t simply jump at the one who agrees to lower their commission. This could mean they are not able or willing to spend the money necessary to market your home properly. Saving a few thousand dollars could end up costing you much more.

### PRICE {The Biggie!}

Do your research and be realistic when setting an asking price. Your home will attract the most interest within the first two weeks of being listed. If you are priced too high buyers will simply dismiss your home or not even see it at all because it is outside of their budget.

None of these items are guarantees of a quick and profitable sale. But they are all factors to be re-considered when wondering why your home has not sold.

Lee Lander is a Broker with Keller Williams Realty Centres Inc. Brokerage {Independently Owned & Operated} and has been an award winning, top producing, full time Realtor every year of her career. As a long term East Gwillimbury resident, Lee focuses her attention on the northern York and South Simcoe Regions, and boasts a long list of satisfied customers and associates who’s referrals make up over 95% of Lee’s business activities. Contact Lee directly at [lee@leelander.com](mailto:lee@leelander.com) with any of your Real Estate questions.



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# TOWN OF EAST GWILLIMBURY COUNCIL SCHEDULE

A list of dates until the end of this year - 2014 Budget meetings begin in November!

## October

Monday, October 7	10:00 a.m.	Committee of the Whole Council
Monday, October 7	3:00 p.m.	Council
Monday, October 21	1:00 p.m.	Committee of the Whole Council
Monday, October 21	7:00 p.m.	Council

## November

Monday, November 4	10:00 a.m.	Committee of the Whole Council
Monday, November 4	3:00 p.m.	Council
Monday, November 11	1:00 p.m.	Special Council [To be held at the discretion of Municipal Council]
Monday, November 11	All Day	Council Activities
Monday, November 18	1:00 p.m.	Committee of the Whole Council
Monday, November 18	7:00 p.m.	Council [Preliminary 2013 Business Plan & Budget overview]
Thursday, November 21	9:00 a.m. – 4:00 p.m.	2014 Business Plan & Budget deliberation
Monday, November 25	9:00 a.m. – 4:00 p.m.	2014 Business Plan & Budget deliberation
Wednesday, November 27	9:00 a.m. – 4:00 p.m.	2014 Business Plan & Budget deliberation

## December

Monday, December 2	10:00 a.m.	Committee of the Whole Council [tentative 2013 Business Plan & Budget deliberation if required]
Monday, December 2	3:00 p.m.	Council
Monday, December 9	10:00 a.m.	Special Council [To be held at the discretion of Municipal Council] [tentative 2013 Business Plan & Budget deliberation if required]
Monday, December 9	All Day	Council Activities
Monday, December 16	1:00 p.m.	Committee of the Whole Council
Monday, December 16	7:00 p.m.	Council [2013 Business Plan & Budget adoption]

All East Gwillimbury Council Agendas and Minutes can be found at <http://www.eastgwillimbury.ca/Government/Council.htm>



Test your smoke alarms once a month and change the batteries at least once a year.

© Office of the Fire Marshal 2010

## York-Simcoe Naturalists

### Fall 2013 Meetings & Speakers

Meetings held at River Drive Park C.C.  
20 Oak Avenue, River Drive Park  
7:30 pm... Please lug a mug!

**Tuesday, Oct. 8**  
Dave Weston, Wild Birds Unlimited: *Feeding birds in winter and bird feeders*

**Tuesday, Nov. 12**  
Dr. Brendon Larson, University of Waterloo Environment Faculty: *A new look at invasive species*

**Tuesday, Dec. 10**  
Jim Robb, Friends of the Rouge Watershed: *Developments at Rouge Park*



Visit our Facebook page at [www.facebook.com/YorkSimcoeNaturalists](http://www.facebook.com/YorkSimcoeNaturalists)

Follow us on Twitter @YSNaturalists

E-mail us at [ysnclub@yahoo.ca](mailto:ysnclub@yahoo.ca)

© Doug Underwood 2013

# Paint the Panelling – Really...

There have been so many times during a consultation that I have heard, “you really want me to paint over that lovely wood?” In the case of regular run of the mill wood panelling the answer is, yes. When a room is screaming out for a new lease on life a few coats of paint will do the trick.

Paint can be one of the least expensive ways to renovate a room quickly. For this type of panelling it is recommended to scuff the walls with sandpaper first. Secondly, one good coat of primer will seal the panelling and then 2-3 coats of a neutral colour will seal the deal. According to HomeGain ([www.homegain.com](http://www.homegain.com)) the agents surveyed stated that painting can produce a 250% return on a seller’s investment and equates to a \$1500-\$2000 home price increase when completed.

## Tips:

- remove dated wallpaper and paint walls
- paint, touch-up or refinish kitchen/bathroom cabinetry
- apply a fresh coat of paint on your front door
- tone down bright rooms with a neutral colour
- all woodwork, such as stairwell railings and doors should be repainted and/or stained
- have leaks and watermarks repaired and repainted
- repair all cracks in ceilings and walls and repainted
- windows should be washed and stain-free. Window frames should be painted if necessary



Room before panelling painted



Room after panelling painted



Susan Crema-Martin is a Certified Master Canadian Staging Professional who works with clients that are either selling their home, or are looking for assistance in redesigning the space they live in. If you have a question contact [info@thebulletinmagazine.com](mailto:info@thebulletinmagazine.com)



*Thank you to all my past and present clients, friends and colleagues that visited us at the 2nd annual East Gwillimbury Home Show. It was a great success!*

## DID YOU KNOW...

- The rarest type of diamond is green
- When born a baby giraffe is 1.8m (6ft) tall
- The blueprints for the Eiffel Tower covered more than 14,000 square feet of drafting paper

**Saturday  
Oct.26/13**

**6pm**

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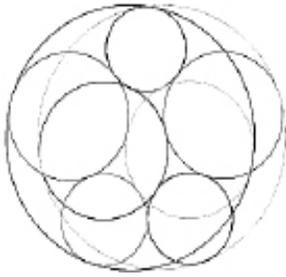
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# haunted halloween hike

Join in on the fun as we walk along the trail and listen for sounds, could that be a ghost, goblin or just a hooting owl in a tree. Children must be accompanied by an adult. The event is FREE however you must pre-register your children. Email [leisure1@eastgwillimbury.ca](mailto:leisure1@eastgwillimbury.ca) or call 905-478-3826.

Please bring a flashlight and wear your costume to add to the spirit of the night.



# Circles

## Goodbye to Vincent VanGO

By Vicki Pinkerton

Tomorrow I have to say goodbye to a good friend. Our relationship has not ended the way I would have envisioned it and there is a hole in my life. As I write this I feel a little ridiculous. Others might think me crazy but it is what it is.

Do you talk to your computer? “Oh no, don’t pretend you’re freezing up. Let’s just have it out right here, this is so passive-aggressive.” Or your toaster? “Come on, I said don’t burn it, this isn’t even warm.” Or your car? “You can do it, just half a kilometre more and we’ll be at the gas station. Don’t make me walk.” You might have guessed by now, that I do. I talk to the microwave, the kitchen tap, the weather, the radio, you name it. It could be that working at home alone in my dungeon of an office is causing me to lose it, or maybe I see a spirit in everything around me. In any case, talking to them has helped me grow fonder of my things than perhaps the average person.

Several years ago, we purchased a 2002 white Dodge Caravan and I have talked to that van a lot. His name became Vincent VanGo, although we didn’t stand on formalities, I just called him Vincent. When I decided to travel across Canada, Vincent was game. We cleared out the seats and I was able to put in a bed, a small kitchen, books, writing materials, a stash of food, addresses of all of my friends relatives along the way and all of my gear for 6 months on the road. We set out on a cold May morning and over the next few months we drove. Starting on the north west corner of Vancouver Island, we saw most of BC, a huge amount of the Yukon and southern Alberta. The next Summer we spent time in Northern Ontario, Southern Manitoba and Saskatchewan, back to Alberta where we headed north and almost

made it to the North West Territories before I got sick and we headed home in a hurry.

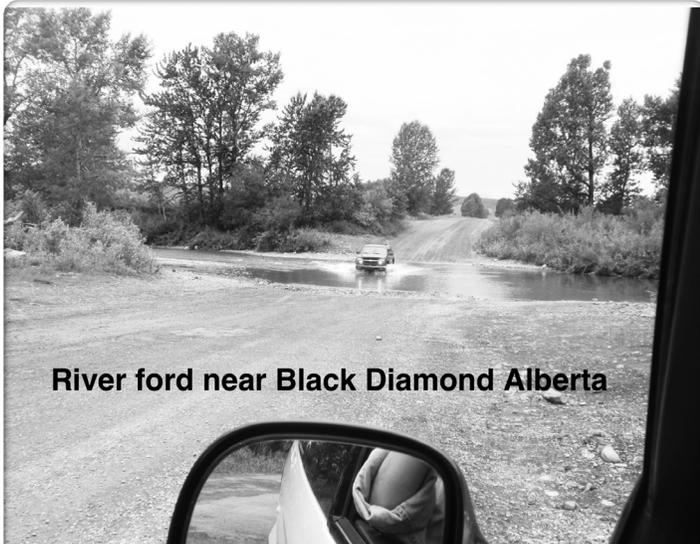
As we travelled, I found Vincent to be up for almost anything. I remember the first time we had to load onto a ferry. I admit it, I was terrified but he was all excited. He rolled on with confidence and grew to love ferry travel. We took every type of ferry from tiny cable operated, to small island hopping ones and even managed to get on a huge sea going ship headed to Haida Gwaii. For that trip, I almost left him behind and walked on because it cost almost \$400 for the return trip with a vehicle and walking on was just \$60. He would have never forgiven me so at the last minute I took him and we ended up camping there, under the full moon in the magical island mist.

I guess you have to be a special person to understand when I say that Vincent loved ice-cream. It doesn’t make too much sense because he kept himself on a pretty strict diet of gasoline and lubricants but he got such a kick out of pulling over to the side of the road at just about any little ice-cream shop with a sign. I was worried that I would gain weight from it all but he argued a small cone with a friend had no calories and maybe he was right. Ice cream loving automobiles are not as rare as you might think. I can remember years ago, sitting in the front seat of my grandfather’s old car being impressed at the struggle it would put up if he tried to pass the Tasty Freeze near the cottage.

Vincent wasn’t much of a town car. Oh, he would go there if I asked him but he loved the open road. He seemed to gain energy driving through the mountains and he just flew along the wide open prairie roads. He never said no

to a road trip. Even after we were home and I was not feeling well, every once in a while, when we ran into town to do some errands, he would get a twinkle in his headlights and I would find us heading off in some crazy direction just to feel the wind on the windshield. I never quite knew where we would end up.

When I was ready to go again, I took him in for a check up just to make sure that he was feeling up to snuff for another few months on the road.... North West Territories here we come. Our trusted mechanic took me into the other room. Vincent had Rust bad. I said I would take him to the body



**River ford near Black Diamond Alberta**



**Vincent crossing the river**

shop but the mechanic shook his head sadly. It was worse than that, it seemed that his motor was not ticking as it should and his days were numbered. I told Vincent when we got home. He just wouldn't accept it. For the next two years we took short trips to London and Guelph, Ottawa, Peelee Island, Georgian Bay and Toronto. We managed to ride the Peelee and Wolf Island Ferries, which was good for his soul. He frolicked on to the ferry decks with such vigour it was hard to believe how sick he really was and I wanted to forget.

Last week we had a workman at the house and he needed to run into town. His truck was in the shop. Could he borrow the van? I threw him the keys without another thought. Leaning out the window to me he whistled, "Wow, this old baby has half a million kilometres on it." I smiled my heart busting with pride. "Yes, we drove most of them together and he never let me down." I patted his fender and that was the last time I saw him.

He didn't let ME down but that day when he got into Newmarket, his fluids started to pour out. They limped to a gas station where a mechanic tried to save him but said it was futile. Of course I couldn't believe it. It was too fast. I wasn't there. I hired a tow truck to take him to our guy but to no avail. He was gone. Tomorrow I am going to pick up my things, empty the glove box, pull out the backroads maps and GPS. The way I feel is a little over the top. I know a car is just a way to get around but this one has left a hole in my life that will be hard to fill. Not just any 4 wheels will be able to replace Vincent VanGo. Thanks for the memories.



*Vicki Pinkerton lives on a small farm just outside of Mount Albert when she is not driving the roads of Canada. She is a practicing life coach, a writer and adventurer who wonders about many things. [www.questacrosscanada.com](http://www.questacrosscanada.com) or [lifelinescoaching.org](http://lifelinescoaching.org)*

# Ontario in the drivers seat

Ontario is now allowing drivers to renew their licences online – the first province in Canada to do so.

Ontario drivers need to renew their licences every five years. Now, eligible drivers who renew online at [ServiceOntario.ca/DriversLicence](http://ServiceOntario.ca/DriversLicence) will be able to use their existing licence photos for an additional five-year renewal cycle, meaning they will only need to renew in person every ten years.

When drivers renew their licences online, they can also get licence plate stickers, driver abstracts and other driver and vehicle products in the same transaction.

## QUICK FACTS

The new online driver's licence renewal service is added to the more than 40 services already offered online. These include renewing licence plate stickers, changing addresses and applying for birth, death or marriage certificates.

- ServiceOntario processed more than 1.6 million driver's licence renewal transactions last year.
- Drivers can now use Interac® Online, in addition to major credit cards, to pay online.
- ServiceOntario meets its online service guarantee for more than 99 per cent of transactions.

## What you need to know

You will receive a renewal notice in the mail or a reminder by email 60 to 90 days before your driver's licence is set to expire.

If you need a test (vision, written or road), or if you are over 80, you must visit a DriveTest centre. Your renewal notice will have the information on any additional documents you may require.

## If you are over 80

You will have to renew your licence every 2 years. Your renewal notice will have information on:

- taking a vision test
- taking a written test
- attending a group renewal session
- Learn more about driver's licence renewals for seniors.

## If you need a photo

As of May 2013, you only need to renew the photo on your driver's licence every 10 years. If you need a new photo, you need to visit a ServiceOntario centre to have one taken.

## Lost renewal notice

If you lose your renewal notice, it can be reprinted for you at a ServiceOntario centre.

If you sign up to get renewal reminders by email you can access your renewal notice online 6 months before expiry until 1 year after expiry to reprint.





## Mushroom Quesadillas

- 1 tablespoon butter
- 200 g mushrooms (oyster, cremini, button & shitake), sliced
- 1 onion, diced
- 1 jalapeno, minced
- 3 cloves garlic, minced
- pinch salt and pepper
- ½ cup cilantro, chopped plus more to garnish
- 2 cups shredded Monterey jack cheese
- ¼ cup crumbled feta cheese
- 8 corn tortillas
- 4 lime wedges
- 2 green onions, sliced



### Lime crema

- ½ cup sour cream
- zest of ½ lime
- squeeze lime juice

Prepare lime crema by combining all ingredients. Set aside.

Melt butter in a skillet over medium-high heat. Sauté onions til starting to become translucent, about 3 min. Add mushrooms, jalapeno, and garlic. Add a good pinch of salt and pepper. Cook til mushrooms release juices then start to brown, about 5 min. Add cilantro. Remove from heat.

Heat a cast iron skillet over medium heat. Add a tortilla. layer with ¼ cup Monterey Jack, ¼ of the mushrooms, 1 tablespoon Feta, then another ¼ cup Monterey jack cheese. Top with a second tortilla. Cook until crisp and browned on both sides.

Slice and serve with lime crema, green onions. cilantro, and salsa of choice. If desired amp up the heat by replacing jalapeno with a hotter variety or serving with a hot salsa. Makes 4 servings.

courtesy News Canada

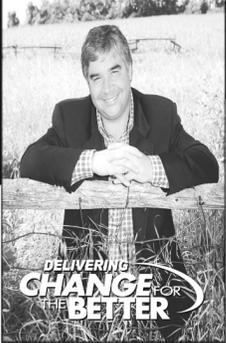


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*This Employment Ontario service is funded in part by the Government of Canada.*

# Fall Fun!

## **TRICK OR TREAT and Closing Day @ EAST GWILLIMBURY FARMERS' MARKET**

Saturday, October 12 - 8:00 am to 1:00 pm  
Town of East Gwillimbury Civic Centre, 19000 Leslie Street, Sharon.



## **163<sup>rd</sup> ERIN FALL FAIR - OCTOBER 11 - 14**

We are pleased to be kicking off this year's fair with the Giant Pumpkin Weigh Off on Thursday evening in the Show Barn.

Equine enthusiasts will be pleased to note that the popular Gymkhana has shifted its focus a bit to become an Open Horse Show. It will be the same fun show, but open now to adults as well as children. Why should the kids have all the fun? We are very pleased to be presenting Riding Master, Frank Grelo, on Saturday morning on the track in a demonstration of classical horsemanship. And of course all your old favourites are back in 2013: the Truck & Tractor Pull, Demo Derby, Equine Tent, the Midway and what is quite possibly the largest beef show (put on by a local fair) in the province. Hope to see you at the Erin Fall Fair!  
<http://www.erinfair.ca>



## **BUCKHORN HARVEST CRAFT SHOW - OCTOBER 12- 14**

120 Artisans displaying handcrafted items – toys, florals, pottery, woodworking, designer clothing, jewellery, stained glass, seasonal items, leather goods, gourmet foods, home decor plus much more! Hours are Saturday, 10 a.m. – 5 p.m.; Sunday, 10 a.m. – 5 p.m.; Monday, 10 a.m. – 4 p.m. Admission for adults is \$5.00 and children 12 and under are free. There is ample free parking and refreshments are available. <http://www.buckhorncommunitycentre.com/events/#HARVEST>



## **BALA CRANBERRY FESTIVAL - OCTOBER 18 - 20**

The Bala Cranberry Festival features a unique collection of products, gifts and crafts. Each vendor designs, collects and/or makes the items offered for sale. Live Entertainment Daily 11am - 5pm  
[www.balacranberryfestival.on.ca](http://www.balacranberryfestival.on.ca)





## ADVERTISEMENT

# Through the Hayes

My name is John Hayes and my wife, Julia, and I own Blackwater Golf on Highway #48 in East Gwillimbury. Our fall special this year - nine holes of golf from noon to five, Monday to Friday, \$30.00 plus HST for two players plus cart. Great deal!!! The course is in excellent condition and will remain open as long as the weather permits.

I was reading in the *Globe and Mail* (September 13) about how the Provincial Conservatives and the Liberals have agreed to expedite non-contested legislation. My eyes widened in disbelief as I proceeded to read what sort of legislation they **could** agree to pass. I can go along with banning tanning beds for minors; protecting consumers from mobile phone contracts; law review in co-op housing; farm tax credits for produce donated to food banks, legislation to make carbon dioxide detectors mandatory in all homes. But what the heck is this?..... a law to allow just one construction company, "Ellis Don", to use non-unionized labour. Holy cow. **JUST** Ellis Don? Maybe I'm jaded, but didn't Ellis Don sign a contract with the unions way back in the 50's agreeing to only use union workers? The hard working middle class employees of this company helped it grow over the years and now Ellis Don wants to cast aside a legal agreement (despite the fact that the contract was upheld by the Ontario Labour Relations Board in 2012).

Ok – so I am jaded, but who wouldn't be when they read in the *Toronto Star* - August 30th, 2013, about how Ellis Don was the single largest donor to the Liberal Party's coffers with \$250,000 donated over the past 7/8 years and \$60,000 going to the Tory's over the same time period. So now it appears that the Liberals and Conservatives want to reward their main supporter by passing legislation to permit breaking Ellis Don's contract with their union employees. Wow! I'm ashamed of both the Liberals and the Conservatives for agreeing to this Faustian bargain. This is just one more example of why I do not believe that we have, or will have, a good, honest, provincial government that truly represents the interests of the voters of Ontario. Shame, shame!!!! Saaay! Maybe we should develop a lobbying fund to bribe the Ontario Government to truly represent the people. Evidently, 50 – 60 grand a year seems to be the magic number.

My disillusionment with the political process grows with every tidbit that seeps out from under the rocks. On a local level, East Gwillimbury has beavered away to produce the new budget. What's the rush? Did they want to get it passed before everyone got back from holidays, back to school, Thanksgiving, Halloween. I think we should have a bit more public input on just what IS in budget and will it draw down any more money out of the reserve funds? After all, a big chunk of it is our tax dollar.

Last year, I found out about the budget for 2013 just in time to attend the approval meeting. Both senior councilors, at that time, refused approval of the budget based on the lack of explanation as to why so much money was to be pulled out of the reserve funds. Maybe it was to pay for the two per cent merit raise everyone got. Say, I didn't get a merit raise. Did you?

Going into an election year, I hope everyone gets a chance to attend a council meeting, even if it is just to get clarification as to where the money comes from and goes to.

Oh yeah, by the way, the Town is going ahead with the reno of the Doan House. However, I didn't see the work come out for open tender. Did you? Maybe I just missed it. You don't suppose the Sharon West Landowners Group got the job? Who knows, who knows .....

Well that's about it for now folks. Please feel free to contact me at Blackwater Golf (905) 473 6684 or [contact@blackwater-gc.ca](mailto:contact@blackwater-gc.ca). No rude comments or I can't forward them...

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