

East Gwillimbury's

SUMMER 2013, VOL. 15, NO. 5  
Since 1998

# Bulletin

MAGAZINE



**HOME • GARDEN • EAST GWILLIMBURY • EVENTS**

**HOLLAND LANDING, SHARON, QUEENSVILLE, MOUNT ALBERT & SURROUNDING AREA**



# 3RD ANNUAL MEMORIAL



# RIDE 4 STYLES

## Sunday June 23<sup>RD</sup> 2013



R.I.P: Constable Garrett Styles (YRPI405)

Join YRPA Family & Friends  
to Honour our fallen Heros

All proceeds to benefit

**Victim Services of York Region**



**Special Olympics**

### Schedule:

Advance notice of participation required by contacting: Sergeant Karim (Ken) Bardai at (905) 881-1221 ext 7500 or 961@yrp.ca

*Pledges must be collected the day of the event before the Ride begins*

**7:30 a.m.**

Check in

**8:00 a.m.**

Ride begins

**Food and drinks provided throughout the event**

### Route:

#### Starting Line:

York Regional Police 1 District Headquarters  
(240 Prospect Street, Newmarket)

#### Rest Stop:

York Regional Police 2 District Headquarters  
(171 Major MacKenzie Dr. W, Richmond Hill)

#### Finish Line:

York Regional Police 5 District Headquarters  
(8700 McCowan Road, Markham)

(Approximately 40K)

## OUR SPONSORS





The volunteers of East Gwillimbury's Community Police Centre celebrated the one year anniversary of the centre on Thursday May 31... cutting the cake from (l to r): Councillor Marlene Johnston, Inspector Henry de Ruiters, Liaison Officer of the centre Terry Mansholt, Councillor Cathy Morton, Bucky the Beaver, Sports Day Ambassador Shelby Seeley, and volunteers from the Policing Centre; Val, Janice, Shannon and Brenda.

The Centre's volunteers participate in and sponsor safety information events throughout the year.

**Wednesday, June 26**

**Motorcycle Safety and Awareness Presentation**

7 pm to 8:30 pm. Holland Landing Community Centre. Open to the first 75 people. Contact PC Mansholt at 905-830-0303 ext 2945 or 689@yrc.ca to reserve your spot. All riders and motorists are welcome. Sponsored by the E.G. Community Police Centre Volunteers.

**body design**  
personal training, nutrition  
& lifestyle coaching

**Be•YOU•tiful**

- Firm & Strengthen Your Body
- Reduce Body Fat
- Increase Your Energy
- Improve Your Balance
- Enhance Your Health

905-473-3888  
www.bodydesign.ca  
info@bodydesign.ca




**Be Fit, Eat Well, Live Life**



**MacWilliam Farms**  
22645 Leslie Street, South of Ravenshoe Road



**FRESH BROWN EGGS,  
MAPLE SYRUP,  
JAMS, PRESERVES, CHEESE,  
PORK SAUSAGES, BACON, CHICKEN  
& MUCH MORE**

Everything we sell is grown on our farms in Ontario.

**Organic Lettuce • Tomatoes • Peppers**

Open 7 days a week • 10 to 5  
**905-836-9656**  
www.macwilliamfarms.ca

**FIREWOOD AVAILABLE YEAR-ROUND  
BUSH CORD \$300**

# Contents



SUMMER 2013, VOL. 15, NO. 5



East Gwillimbury's

# Bulletin

MAGAZINE

Since 1998

- 6 What's On**  
List of current events for June & July
- 10 Realty Wise with Lee Lander**
- 12 Hort Happenings**  
Anne Hill
- 13 In the Kitchen with Moira Sanders**  
**Chicken Soft Tacos**
- 14 Discipline**  
Raymond Mark
- 20 A Little Help from your Friends**  
Kim Mortson
- 22 Some Like it Hot**  
Lynn Marie Sullivan, Master Gardener
- 24 DECOR: Inspired by Design**  
Susan Crema-Martin
- 26 Circles: Reflection**  
Vicki Pinkerton
- 28 Mt. Albert & District Lions Update**  
Paul Brand

#### Contributors:

Lee Lander, Raymond Mark, Vicki Pinkerton, Susan Crema-Martin, Lynn Marie Sullivan, Paul Brand, Kim Mortson, Moira Sanders, Marlene Johnston, Anne Hill



#### ON THE COVER:

Keeping in tradition the Mount Albert Sports Day & Spring Fair's main event on Sunday, June 2 is the Soapbox Derby organized by volunteer Stuart Goodall and his team. As you can see from the photo (Moira Sanders) captured the large group of participants and some of their home made cars!

[www.TheBulletinMagazine.com](http://www.TheBulletinMagazine.com)

Editor/Publisher | Christine Bennis  
[info@thebulletinmagazine.com](mailto:info@thebulletinmagazine.com)  
905-473-9742

Advertising Sales | Julie Smith  
[julie@thebulletinmagazine.com](mailto:julie@thebulletinmagazine.com)  
905-473-9788

*East Gwillimbury's Bulletin Magazine is published 10 times per year, by Creative Graphics, 4819 Holborn Road, Mount Albert, Ontario L0G 1M0*

*Acceptance of advertising does not carry with it endorsement by the publisher. Opinions expressed by its contributors does not necessarily reflect positions of The Bulletin Magazine.*

*No part of this publication can be reproduced in any form without prior written consent from the publisher. We strive for accuracy and safety in presenting articles and photos. The publisher will not be responsible for advertising errors beyond the cost of the space occupied by the error.*

*Contents copyright 2013. All rights reserved.*

*Delivery via Canada Post Unaddressed Admail.  
Circulation: 9,000 copies*



*Follow East Gwillimbury's Bulletin Magazine on Facebook. Post events on our page!*

#### Master Gardeners Advice-Line

Free email help-line for home gardeners. Advice and education for home gardeners by certified horticultural volunteers. Contact [yorkmastergardener@gmail.com](mailto:yorkmastergardener@gmail.com)

## Music at Civic Square

You are invited to bring your family and friends to the Civic Centre to enjoy a variety of free musical performances.

### 2013 Line-up

July 2, Genevieve Fisher- Country,  
July 16, Hotel California- Eagles Tribute,  
July 30, Fleetwood Mix- Fleetwood Mac Tribute,  
August 13, Katmandu- Bob Seger Tribute,  
August 27, Arden and the Tourists -pop/rock

Be sure to bring your lawn chair or blanket as the outdoor concerts start at 7:00 p.m. Food and Refreshments available for purchase through the Kinsmen Club.

In the case of inclement weather, the performances will be cancelled and not rescheduled.

For more info, please call: 905-478-3820.



## GEORGINA AUTO GLASS

We Pay All or Part of Your Deductible  
(Most Insurance Companies, Windshields Only)

### MOBILE SERVICE

Free Pick-Up & Delivery

Your #1 Auto Glass Service In East Gwillimbury

All Work Guaranteed  
**905-955-6365**

OPEN  
ALL  
WEEK

## ROSE FAMILY FARM

~ SINCE 1840 ~  
17569 CENTRE STREET, MT. ALBERT



**905-473-3574**

*We Pick - U Pick*  
**Strawberries • Raspberries**  
(In Season)

Receive a FREE 10lb bag of potatoes  
when you purchase \$20 worth of strawberries!  
*Bring in this ad • One per customer*

**Chip Wagon Open Fridays  
to Sundays & Holidays**

**FARM PRODUCE • POTATOES  
ONIONS • MEAT • HONEY • CHEESE  
PIES • TARTS & JAMS**

*Featuring Leadbetter Cowboy Steaks, Burgers & More*



**RE/MAX**  
RE/MAX Village Realty Inc., Brokerage

**F FLEMING PROPERTIES**

*Steve Flemming*  
Sales Representative  
Tel: 905-478-1101 (office)  
Tel: 416-435-8311 (direct)  
Steve@FlemmingProperties.com



158<sup>th</sup>

# SUTTON FAIR & Horse Show

**August 8 - 11, 2013**

Buy your all-day midway passes and early Fair entrance admission at Sutton & Keswick Home Hardware Store locations. Sale ends Wednesday, August 7, 2013 at store closing

**Midway, Demolition Derby, Petting Zoo, Motocross, Georgina Idol, Vintage Equipment Displays, Agricultural Exhibits, Horse Shows, Kid's Fun Tent, Commercial Vendors, and so much more!**

**www.suttonfair.com | 905.722.3165**  
**info@suttonfair.com**



Year of the BEE

# What's On

## **Every Monday and Wednesday Holland Landing Storybook House**

A free resource centre for families/ caregivers with children from birth to 5 years of age. Join us for socialization, stories, songs, fingerplays, waterplay, playdough, music and movement. 9:30 am – 11:30 am at Holland Landing Public School, 16 Holland River Blvd., Holland Landing. 905-836-8916. Closed school holidays and July/August.

## **Tuesdays & Saturdays Until June 25**

Ltd. Cycling Spring Training Camps NCCP certified training coach Paul Cooney offers a program to introduce a fun, positive and affordable grassroots youth cycling program. For info contact paulcooneyltd@yahoo.ca

## **Wednesday Mornings**

### **Sharon Co-Operative Playgroup**

\$4 Drop-in fee, with monthly/annual fees available. 18648 Leslie Street, 9:30 - 11:30 am - September - June. A fun playgroup for children ages 0 - 6, offering crafts, sensory, free play, gross motor, story time and more. A great way to connect with other families in the community. 905-895-4088

## **Every Wednesday of the Month Self Employment Benefit (OSEB) Program**

The Ontario Self Employment Benefit program helps eligible, unemployed individuals to start their own business. To learn more or to register for a session call 905-952-0981. Job Skills, 17915 Leslie Street. www.jobskills.org

## **Every 3rd Thursday of the Month H.L. Country & Western Jamboree** Holland Landing Community Centre.

7 pm to 11 pm. All are welcome.  
Jacquie or Walt at 905-473-7072 for info.

## **Every Saturday Evening Cool Country Cruisin'**

Car Show every Saturday night 6 pm till dusk (weather permitting) at the Civic Centre in Sharon.

## **Saturday, June 8 East Gwillimbury Trail Walk**

Simcoe Trail 10:00 am. Park on Queens Court off Queensville Sideroad.

## **Tuesday, June 18 East Gwillimbury Gardener's**

7:30 pm. Nikola Warnok. Water Gardens including Containers. Everyone is welcome to our meetings, visitors pay \$2. Mount Albert Community Centre, 53 Main St. 905-478-8450 or visit <http://www.gardenontario.org/site.php/mountalbert>

## **Tuesday, June 18 Newmarket Horticultural Society**

8:00 pm. Speaker: Vicki Taylor-Scott, "Cheap and Cheerful Gardening".  
Newmarket Community Centre. 200 Doug Duncan Drive. 905-898-2635 or [www.gardennewmarket.ca](http://www.gardennewmarket.ca)

## **Tuesday, June 18 Community Luncheon**

Mount Albert U.C. basement, continuous serve from 11:30 am to 1:00 pm. Proceeds to Florence's Kitchen.

## **Wednesday, June 19 Mount Albert Village Association's Monthly Director's Meeting**

7pm-9pm. \$10 membership anytime. Mount Albert Community Centre Hall Lower Level. All Welcome!  
[www.mountalbert.com](http://www.mountalbert.com)

## **Friday, June 21 & Saturday June 22 Massive Community Garage Sale**

Ravenshoe United Church  
3253 Ravenshoe Road, East of Woodbine. Saturday 4 - 8 pm, Sunday 8 - 2 pm.

## **Friday, June 21 Strawberry Social "Ham Dinner"**

Sharon-Hope United Church  
18648 Leslie Street. Continuous serve 5:00 pm to 7:00 pm. Adults \$14, Child \$6 (10 and under). For info call the church office 905-478-2231.

## **Saturday, June 22 Biggest Bake Sale in Town**

At the Farmer' Market 8 am to 1 pm  
Special event day for Community Groups. 19000 Leslie Street, Sharon Market offers plants, jams, honey, eggs, produce, refreshments along with specialty items offered by our Community Groups  
[www.eastgwillimburyfarmersmarket.ca](http://www.eastgwillimburyfarmersmarket.ca)

## **Monday, June 24 Strawberry Supper**

Christ Church, Holland Landing  
Continuous serve 5:30 pm to 7:00 pm.  
Price \$15, for tickets call 905-836-7360.

## **Wednesday, June 26 Annual Burger and Berries Fest**

St. James the Apostle Anglican Church  
18794 Leslie Street. 5:00 pm - 7:00 pm  
Adults: \$13, Children (under 12) \$6; and Family (parent(s) and any number of children) \$35.

## **Wednesday, June 26 Motorcycle Safety and Awareness Presentation**

7 pm to 8:30 pm. Holland Landing Community Centre. Open to the first 75 people. Contact PC Mansholt at

# What's On

905-830-0303 ext 2945 or 689@yrp.ca to reserve your spot. All riders and motorists are welcome. Sponsored by the EG Community Policing Centre Volunteers.

## **Wednesday, June 26 Steak & Strawberry Supper Mount Albert United Church**

Mount Albert Lions Hall. Continuous serve 4:30 pm to 7:00 pm. Tickets: \$17 Adult, \$10 Adult Hamburger, \$7 Child Hamburger (12 & Under), Under 5 free. Take out available - delivery within Mount Albert. Tickets at the door or reserve: Betty 905-473-2247, Evelyn 905-473-1997 or the Church 905-473-2562.

## **Monday, July 8 - Friday, July 12 Vacation Bible School Mount Albert United Church**

For more information please contact the Church at 905-473-2562

## **Saturday, July 13 East Gwillimbury Trail Walk**

Brown Hill Regional Forest Tract. 10:00 am. Parking lot on McCowan Road

## **Tuesday, July 16**

**East Gwillimbury Gardener's**  
7:30 pm. Sheila Shillum. Culinary Herbs. Everyone is welcome to our meetings, visitors pay \$2. Mount Albert Community Centre, 53 Main St. 905-478-8450 or visit <http://www.gardenontario.org/site.php/mountalbert>

## **Tuesday, July 16**

**Newmarket Horticultural Society**  
8:00 pm. Speaker: Liz Primeau, "In Pursuit of Garlic". Newmarket Community Centre. 200 Doug Duncan Drive. 905-898-2635 or [www.gardennewmarket.ca](http://www.gardennewmarket.ca)

## **Wednesday, July 17 Growing Food in Fall**

Join Lynne Marie Sullivan, Master Gardener, for a free workshop with slides and discussion on tips for extending the season with late crops, simple hoop houses, and preservation of the late season harvest. 6:30-8:00 pm at the East Gwillimbury Public Library, Holland Landing Branch, 19513 Yonge Street; call 905-836-6492 to register.

## **Friday, July 19**

**Aboriginal Entertainment** FREE  
Muskets, Drums and Secret Trails Anchor Park, Doane Rd. Holland Landing. 6:30 am – 9:30 pm Bring lawn chair. Drummers Displays, Food tasting, Story telling Dancing, Pow Wow. For info: [cn\\_eves@sympatico.ca](mailto:cn_eves@sympatico.ca)

## **Saturday, July 20**

**Military Re-enactment** FREE  
Muskets, Drums and Secret Trails 10 am – 9:30 pm Bring lawn chair Anchor Park, Doane Rd. Holland

Landing. Merchants, Settlers, Displays, Demos, Music and Activities for whole family. For info: [cn\\_eves@sympatico.ca](mailto:cn_eves@sympatico.ca)

## **Saturday, July 20 The Roots Wake Series Ontario Cable Championships**

This event is ability driven which provides an inclusive environment from new riders as young as four, to the pro level rider and all the way up to veterans 50+. Non-profit event series organized by a committee of long-time competitive riders. Series consists of 3 Boat Stops and 3 Cable Stops... Beginning June 22 in King Township. Registration is open. Check out [www.rootswakeboarding.com](http://www.rootswakeboarding.com) for all the stops and info. Categories include: newbie 12 and under boys & girls, Amateur, Novice and Intermediate Men's and Women's Wake skate and Wakeboard. Rail Yard Wake Park in Mount Albert is hosting the Ontario Cable Championships. Spectators welcome!

**Phil's Haulage & Excavating Ltd.** 

## Top Quality Triple Mix • Top Soil

- Gravel • Sand • Limestone • Mulch
- Excavation • Truck Rental • Custom Screening

**Monday - Saturday**

"When you call, we deliver..." **905-473-2061**

# Family Fun at the Sharon Temple!

**July 1 – 10:30 – 4:30**  
**Canada Day Community**  
**Celebration**

**Co-Sponsored by :**  
**Town of East Gwillimbury**  
BBQ, Live Music, Petting Zoo, Face  
Painting, Heritage Demos & Exhibits ,  
Games and more!  
Admission by donation, Free Parking



**August 10 – 10 – 4:30**

**Descendants' Day**  
**In Partnership with:**

**East Gwillimbury Historical Society**  
Calling all descendants of the Children  
of Peace and local history buffs!  
New exhibits, dress up photo booth,  
genealogy information and more!  
Admission by donation, Free Parking



**September 29 – 10:30 – 4**  
**Weaving Words Storytelling**  
**Festival**

Enjoy stories by local storytellers in a  
beautiful historic setting.  
Stories for people of all ages!  
Adults \$8, Children (under 16) \$3  
Family Pass \$20



Sharon Temple National Historic Site & Museum  
18974 Leslie Street  
Sharon, Ontario L0G 1V0  
(905) 478-2389  
[www.sharontemple.ca](http://www.sharontemple.ca)



**Special Thanks to our Program Partners:**

East Gwillimbury Historical Society & the Town of East Gwillimbury



Town of  
East Gwillimbury

# CANADA DAY CELEBRATIONS



**July 1, 2013**



**MOUNT ALBERT LIONS PARK**

**FREE ADMISSION & PARKING**

**PARK and SNACK BAR OPEN - 7:00 PM**

**FIREWORKS 10:00 PM**

(weather permitting)

Sponsored in part by the Mount Albert Lions Club



## Muskets, Drums and Secret Trails

Anchor Park in Holland Landing will come alive with the sights and sounds of muskets and drums as we celebrate our past.

**You are invited.**

Friday July 19 6 pm - 9:30 pm

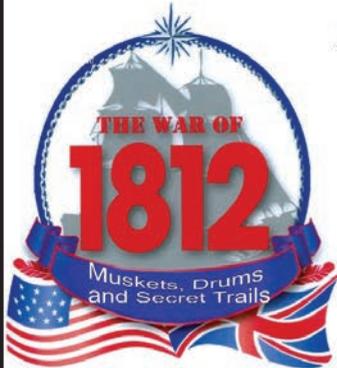
Saturday July 20 10 am - 9:30 pm

### Aboriginal Entertainment

Drummers Displays Food tasting  
Story telling Dancers Pow Wow

### Military Re-enactment

Merchants, Settlers Displays Demos  
Music and Activities





East Gwillimbury  
**HISTORICAL SOCIETY**

**Commemorating  
the war of  
1812 - 1814.  
200 years of peace  
between nations.**

For info contact  
[cn\\_eves@sympatico.ca](mailto:cn_eves@sympatico.ca)



Bring a lawn chair  
Prepare for excitement !



An agency of the Government of Ontario.  
Relève du gouvernement de l'Ontario.

# REALTY-WISE

~ with ~  
*Lee Lander*

## Thinking of Selling your Home?

Don't hire a Realtor® without getting good answers to these 10 questions!

You've decided to sell your home and see the benefits of engaging a Real Estate professional to help you through the process. The problem is its hard to swing a For Sale sign without hitting someone who claims to be the best person for you to list your house with.

### So who do you choose?

Many Realtors® advertise "great customer service" or that they're "always there for you" or some other meaningless platitude. But these buzzwords and catch phrases are so widely used that they are of no use whatsoever in making one of the most important financial and emotional decisions of your life.

Therefore to help you cut through this cluttered world, here is a list of questions you should ask any Realtor® who is interested in helping you sell your home:

### 1. How much experience do you have?

Notice it doesn't say How long have you been in the business? Simply being in the business for a long period of time does not necessarily mean you have a bunch of relevant experience. Sometimes of course the knowledge gained by having been "around the block" a few times is useful. However ask your potential Realtors® about their transaction volume for the last few years. This will allow you to judge whether they have enough experience in current market conditions to really understand how to maximize the potential in your home right now.

### 2. Are you a full time or part time Realtor®?

Some Realtors only practice part time in order to supplement their income or allow them the freedom to focus on other vocations or activities. Others devote a full time effort and their complete attention to their practice as if it were any other full time career choice.

Neither approach is absolutely right or wrong as each Realtor® has a different motivation for choosing Real Estate. But its important for you to consider how this may impact the process of selling your home.

### 3. What is your average List Price to Sale Price ratio?

For maximum return in minimum time its important to price your home properly when it first hits the market, as generally the first few days your home is listed is when most people will look at it. But don't be fooled by this statistic. There are ways Realtors® can manipulate the system to make it look like the eventual selling price was very close to list but a deeper look reveals substantial list price reductions prior to the eventual sale. Be sure to understand what's behind the numbers you are being told.

### 4. How would you market our home?

A true professional Realtor® will have put some previous thought into this answer so listen for an indication that he/she is talking about your home and not simply spitting out the same cookie cutter marketing as everyone else. But don't be alarmed if you don't get too many details; most professional Realtors® will also recognize the value of their experience and knowledge and will not necessarily hand that information out for free to anyone who asks.

### 5. Will you provide references from past clients?

A Realtor® with a solid history of client satisfaction will not hesitate to offer up a list of names for you. In fact, they may already have the list available and encourage you to call.

### 6. What separates you from your competition?

Again, its important here to look past the meaningless platitudes and empty promises. A top producing Realtor® will have a clear understanding of why their past clients turn into repeat clients and strong referral sources.

### 7. What documents will I have to sign?

Realtors® that are following the professional standards set by the industry will make all of the paperwork available to you for review and be willing to explain it to you thoroughly. Make sure you do not allow them to move on until you are completely comfortable.

### 8. How much do you charge?

Brokerage and Realtor® fees or commissions are negotiable so ask under what conditions if any would a reduction be available. Remember to not cut off your nose to spite your face; a Realtor® who is quick to give away his/her own money may be equally as quick to give away yours when negotiating your home sale transaction.

### 9. What if we are not happy with your service?

Find out under what circumstances can the listing agreement be terminated after it is signed. Remember that technically the agreement is with the Realtor® on behalf of the Brokerage so a cancellation requires the Broker's approval. Accordingly don't be surprised if the Realtor® can not give you an unrestricted commitment to honour your request to terminate.

### 10. Is there anything else I need to know?

At the risk of providing you with even more information, most Realtors® will have a couple of points to add when addressing this question. There is usually always something else to be discussed even if its just some things to think about for the next meeting or some questions to help the Realtor® understand your needs further. The Realtor®'s that say there is nothing else at this point would seem to lack either the desire or the knowledge [or both] to ensure you are fully informed.

There is not necessarily a right or wrong answer to any of these questions. It is more a case of determining what makes sense to you and your circumstances and what your gut tells you. Try to take the emotion out of it so you can make as objective a decision as possible. Regardless of the Realtor® you ultimately choose, your choice to engage a professional is a solid starting point.



*Lee Lander is a Broker with Keller Williams Realty Centres Inc. Brokerage {Independently Owned & Operated} and has been an award winning, top producing, full time Realtor every year*

*of her career. As a long term East Gwillimbury resident, Lee focuses her attention on the northern York and South Simcoe Regions, and boasts a vast list of satisfied customers and associates who's referrals make up over 95% of Lee's business activities. Contact Lee directly at [lee@leelander.com](mailto:lee@leelander.com) with any of your Real Estate questions.*

*REALTOR® is a trademark of REALTOR® Canada Inc., a corporation owned by CREA and the National Association of REALTORS®*



- Armour Stone
- Flag Stone
- Pools
- Aggregates
- Landscaping
- Ponds
- Excavating
- Retaining Walls

**905.473.2453**  
[reedslandscaping.net](http://reedslandscaping.net)



**PINETREE PRODUCTIONS**  
Peter Hopper  
Owner

**Specializing in Pine Bookcases, TV Stands & Cabinets**  
**All sizes • All colours**

[p] 905-473-6521  
[e] [pinetreeproductions@live.ca](mailto:pinetreeproductions@live.ca)  
[w] [www.pinetreeproduction.webs.com](http://www.pinetreeproduction.webs.com)

**MOUNTALBERTLANDSCAPING.COM**

**JASON SHAW**

30 Years Experience  
in Landscape  
Construction and Maintenance



**905-473-7273**

# Hort Happenings June/July 2013

By Anne Hill

Thank you to everyone who helped to make East Gwillimbury Gardeners' spring plant and bake sale such a success. The plants donated by our members were quickly snapped up by the customers who had waited in line, so were the plants we had purchased from a local nursery. The baked goodies were delicious. Our eager junior gardeners were there selling the seedlings they had grown and they did well. Missed the sale? Our next one will be held on Saturday September 7th at the Sharon Temple parking lot beside the Civic Centre in Sharon.

Summer seems to finally be here, with no overnight frost in the forecast at the moment. The spring bulbs were spectacular and all the flowering trees have outdone themselves. Did you notice the lilac bushes around town? They were just loaded with blossom. The winter did kill off a few plants in my garden, including some rose bushes; perhaps they were not planted

deeply enough. Now that the weather has warmed up and we've had good rain the perennials (and weeds!) are growing amazingly fast. Dwarf irises are almost finished and now the mid-sized ones are about to bloom. The lilies look good so far; I'm out there every day squishing those wretched bright red lily beetles and checking the leaves for lily beetle eggs. I've been watching for honey bees which are usually busy by now but have not seen any at all. Bee colonies are in trouble everywhere.



It is almost time for East Gwillimbury in Blooms 2013, sponsored by The Bulletin and the Town of East Gwillimbury. In late June or early July a team of six volunteer judges from Mount Albert Horticultural Society will award fifty East Gwillimbury residents with Thumbs Up signs commending them for their gardens' street appeal. The gardeners will be able to display the signs with pride for the rest of the summer. Only gardens visible from the curb are eligible and judges will be looking for effective and creative use of available space, unique design and personality of the garden, an overall view that gives a feeling of space, pleasing use of colour and foliage, quality of maintenance and plant health and wow factor.

Have you wished you had room for a pond or water feature in your garden but don't think you have enough space? At 7:30 p.m. on Tuesday, June 18th, Nikola Warnock, one of our favourite speakers, will bring us ideas for water gardens including those in containers as well as conventional ponds. On Tuesday, July 16th, Sheila Shillum will be our speaker. Her topic is culinary herbs and I hear that she may make pesto for us to try.

Our meetings are held at Mount Albert Community Centre, Main Street and during the summer each meeting includes a flower show. Everyone is welcome; we have refreshments before the meeting begins so arrive early and enjoy chatting with other gardeners. We welcome brand-new gardeners and experienced ones too. For more information call 905-478-8450 or visit our website at [www.gardenontario.org/site.php/mountalbert](http://www.gardenontario.org/site.php/mountalbert)



## KPZ FINANCIAL

*"ONE-STOP FINANCIAL SHOPPING"*



**We Specialize in BUSINESS TAXES,**  
either sole proprietors or  
incorporated businesses,  
including bookkeeping,  
HST, payroll and tax planning.

**Let us help you with your business  
tax filings and we'll do a second  
tax return for FREE!**

*"Offer includes a basic tax return -  
\$85 value, including e-filing."*

---

**905-473-6952    1-800-463-2770**  
**kzeiger@rogers.com**  
57 Kingsgate Crescent, Mount Albert ON L0G 1M0

# IN THE KITCHEN

WITH

## MOIRA SANDERS



My family loves it when we do Mexican nights and this is one of my favourites. It may look like a lot of ingredients but it's pretty simple. I always plan to make extra chicken and freeze it for later but we always seem to eat up whatever is made! This goes down particularly well on a nice summer's evening with cold drinks.

I think fresh guacamole takes anything it touches to another level. Some people swear by guacamole made with lemon juice and garlic – for me, it's always lime juice and red onion, with the key being the right amount of salt. You may want to throw in a handful of chopped cilantro if you've got it. I serve any leftover guacamole with scrambled eggs the next morning.

### Chicken Soft Tacos with Guacamole

Serves 6.

2 ½ pounds chicken thighs, skin-on and bone-in (approximately 8 thighs)  
 ¼ cup olive oil  
 2 cups chopped onions  
 1 cup chopped celery  
 3 cloves garlic, minced  
 1 jalapeño pepper, seeded and finely diced (optional – use if you

want to add some heat)  
 1 Tbsp ground cumin  
 1 Tbsp chili powder  
 1 tsp ground coriander  
 1 tsp smoked paprika  
 1 ½ cups crushed tomatoes  
 3 cups chicken stock  
 Fine sea salt and freshly ground black pepper

#### Guacamole:

2 or 3 ripe avocados, pitted, peeled and mashed  
 ¼ cup finely chopped red onion  
 Juice of 1 or 2 limes  
 Fine sea salt

#### Garnish Suggestions:

Corn tortillas  
 Shredded lettuce  
 Diced fresh tomatoes  
 Chopped green onions  
 Shredded old cheddar cheese  
 Sour cream  
 Hot Sauce

Season the chicken pieces generously with salt and pepper. Heat the oil in a Dutch oven over medium-high heat. Place the chicken, in batches if necessary, skin-side down in the pot. Cook, turning once, until browned on both sides. Remove from the pan and set aside.

Add the carrots, celery, and garlic to the pan and cook until the veggies are soft, about 10 minutes or so. Add the chicken stock and tomatoes and return the chicken to the pan. Season with salt and pepper. Bring to a boil and then reduce the heat to medium-low and simmer for about 1 ½ hours. Remove the chicken from the pan and let cool.

When the chicken is cool enough to handle, remove the skin and bones and discard. Shred the chicken with your fingers and add a cup or two of the tomato mixture back into the chicken. (I freeze the leftover tomato mixture for the next time I'm making chili). At this point, the chicken can be refrigerated until needed.

To make the guacamole, combine the mashed avocados, chopped red onion, and lime juice. Season well with sea salt. When in doubt, add more lime juice and sea salt. Cover and refrigerate until needed.

To assemble the tacos, place a half cup or so of the chicken mixture onto each warm tortilla. Garnish with your favourite toppings.



*Moira Sanders has made a career of food which gives her inspiration for her local cooking classes, her website [www.moirasanders.com](http://www.moirasanders.com), and cooking for her busy family. Moira co-wrote the ward-winning cookbook "The Harrow Fair Cookbook" published by Whitecap Books. Moira can be reached at [moira@moirasanders.com](mailto:moira@moirasanders.com).*

# Discipline

By Raymond Mark H.B.A., B.S.W.

**T**eaching our children to be self-reliant will prepare them adequately to be strong assertive adults with a good level of self-esteem. Discipline is designed to control behaviour, however, if there is no lesson learned, or nothing taught along with the discipline then the effects will be short lived. Jane Nelson in her book, “Positive Discipline” emphasizes that “punishment may “work” if all we are interested in is stopping the misbehavior for the moment”.

Make sure children have a part to play in the teaching process. When parents and children disagree about rules, an honest exchange of ideas may help them learn from each other. However, parents must be responsible for setting the family’s rules and values. Discuss discipline and other issues at family meetings. All family members, adults and children should have respect shown for their ideas. It is the only way to get cooperation from all participants. Family meetings are a start in helping children develop self-discipline, responsibility, cooperation and problem-solving skills. Parents must remember, if this process is to be successful, they have to set the example. If parents do not hang up their coats then why should their children. When parents show joy and approval for behavior that pleases them, this reinforces good behavior in the child. Positive parenting means rules that apply to all members.

As mentioned before, discipline will not have a long lasting effect unless there is time spent on training. As a parent we must make the reason for the rules clear to our children. If rules have a good reason behind them then they will more likely be followed. Make sure children understand what “clean bedrooms” or “hanging up coats” means to you. If children do not understand, then it is unlikely that they will be able to follow the rules.

H. Stephen Glenn and Jane Nelson in their book, “Raising Self-Reliant Children in a Self-Indulgent World” outline “explaining” as an essential part of positive parenting. For older children, there should be clear expectations, agreed upon by both parents and clearly told to the child or adolescent.

Parents have to explain what happened and teach their child how to fix it and better still, how to avoid the problem the next time. This fosters the belief in children that they are capable. Keeping unwanted behavior from happening in the first place is easier than stopping it later.

Changing a child’s unwanted behaviors through training and teaching can help the child have the self-control needed to become responsible and considerate of others. Self-control does not happen automatically or suddenly.

Infants and toddlers require parental guidance and support to begin the process of learning self-control. Self-control usually begins to show by age six. With parents guiding the process, self-control increases throughout the school years. Teenage experimentation and rebellion may occur, but most youngsters pass through this period and become responsible adults--especially if they had good early training.

Professionals trained in child growth and behavior can give information on the way children think and develop. They can also suggest different approaches to changing unwanted behavior. The patience of parents, and help from caring professionals, when necessary, will help smooth the way for children to learn and enjoy what society expects of them and what they can expect from themselves.

**East Gwillimbury Farmers' Market**  
**East Gwillimbury Civic Centre**  
**8 am to 1 pm, Saturdays**

June 22  
Community Day

July 20  
Town of East Gwillimbury Day  
Share in the fun and excitement, join us.

August 17  
Harvest Basket Give Away Day  
Stay tuned for all the details.

September 7  
Family Fest & Feast  
Once again this year, we invite everyone to join us for a special family day.

October 12  
Market Closing Day - Trick or Treat  
Featuring special events to help close our market for another season.

## COUNSELLING

Individual, Couple & Family

Emotional Issues • Anger Management  
Mediation • Grief Counselling  
Seniors Issues

**Immediate Appointments  
Available**

Raymond Mark  
B.S.W., H.B.A., R.D.

905-478-2307  
or 1-800-360-5251  
raymond.mark@rogers.com

[www.raymondmarkcounselling.com](http://www.raymondmarkcounselling.com)  
Read my blog @ [www.raymondmark.wordpress.com](http://www.raymondmark.wordpress.com)

# Briggs Plumbing & Heating Ltd.

4420 Baseline Road, RR3  
Sutton West, Ont. L0E 1R0  
(905) 722-3688 1 800 764 5496

Email: [briggsplumbingandheating@bellnet.ca](mailto:briggsplumbingandheating@bellnet.ca)  
[www.briggsplumbingandheating.com](http://www.briggsplumbingandheating.com)

**WORRIED ABOUT POOR WATER QUALITY?  
BRING US A WATER SAMPLE FOR A  
FREE TEST**

**BUILDING THIS YEAR?  
DON'T FORGET RADIANT FLOOR HEATING!**

## WE SPECIALIZE IN:

Water Pumps

Well Hookups

Water Conditioning

Tankless Water Heaters

Uponor Radiant Floor Heating

Gas & Oil Heating

Air Conditioning

Plumbing Installations

- New & Renovation



Your Friendly  
Installers



**905-722-3688**

**Briggs Plumbing & Heating**

**OVER 50 YEARS in BUSINESS**

# JOIN US JUNE 22ND

## Saturday 11-3

All Welcome!

Door Prizes

Refreshments!



The Stake  
Your Claim  
Game

Treasure  
Hunt

YEARS OF HELPING YOU HOME

# ANNIVERSARY CELEBRATION!

8 Bradford St., Holland Landing  
905-836-6315

## OUR TEAM



Broker

ROYAL LEPAGE

BROKERAGE INDEPENDENTLY OWNED & OPERATED

At Your Service  
REALTY  
BROKERAGE

8 Bradford St., Holland Landing  
905-836-6315

**2013-2014 Fall/Winter Season  
Play House League & Rep Hockey  
On-line Registration is Open**

Registering your child is easy and convenient  
Visit us at [www.egmha.com](http://www.egmha.com), click on Register For 13/14

Division/Birth Year and Registration Fees	
Tyke (2007-2009)	\$475
Novice/Atom/Peewee (2001-2006)	\$550
Bantam/Midget/Juvenile (1993-2000)	\$650

Payment may be made via Visa, MasterCard, Money Order, or Cheque  
Register by July 14 - make credit card installments to September 2013

**Register now as rates will increase in September**

Players new to the OMHA will need to provide a copy of their Birth Certificate  
Contact us at [registrar@egmha.com](mailto:registrar@egmha.com)  
or visit [www.egmha.com](http://www.egmha.com) for more information



**East Gwillimbury  
Minor Hockey Association**



**OPEN**   
**RAIL YARD**  
WAKE PARK  
[www.railyardwakepark.com](http://www.railyardwakepark.com)

**Summer Camp**  
July & August • 4 or 5 day camps  
Ages 7 to 15

Mad amounts of time on the cable  
Wakeboarding, Wake skating and Knee boarding  
Dry land balance training  
Certified Instructors  
Indoor Activities in Inclement Weather  
Any level from first time to hitting rails!

**Register Now!**

**905.868.5647**  
[info@railyardwakepark.com](mailto:info@railyardwakepark.com)  
Hwy 48 & Queensville Road, Mount Albert

Supported by 

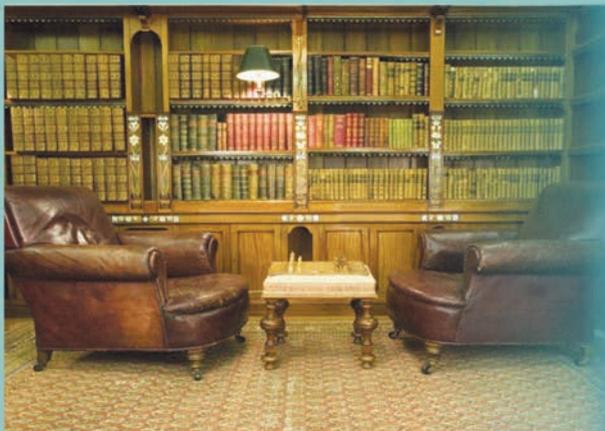
**METAL SALES**



**IMPERIAL  
CUT ALLOY INC.**

- CUT TO SIZE • MASSIVE INVENTORY
- SUPERIOR SERVICE • QUICK DELIVERY
- OPEN SATURDAY (Until Noon) • PUBLIC WELCOME

224 Oriole Drive., Unit #1, Holland Landing, ON  
Ph: 905-895-6431 Fax: 905-895-5101  
[jim@icai.ca](mailto:jim@icai.ca) / [bob@icai.ca](mailto:bob@icai.ca)



**IC BOOKSTORE**

Insightful Communications Partner Publishing

- Motivation
- Business
- Resources
- Health & Wellness
- Communications
- Entrepreneurship
- Self-Help
- Inspiration
- Anthologies
- Enlightenment
- Expertise

[www.ICBookstore.ca](http://www.ICBookstore.ca)    [www.ICPublishing.ca](http://www.ICPublishing.ca)    [info@ICPublishing.ca](mailto:info@ICPublishing.ca)    905.853.1968

Twitter: ICPublishing    Facebook: Insightful Communications Publishing    LinkedIn: Sheri Andrunyk, MNLP, RP

# REGISTER NOW



## Community Martial Arts

Shotokan Karate, Kick Boxing, Self Defense

### KARATE & KICK BOXING

for kids, teens and adults

New members welcome any time!

Classes continue all summer.

Karen or Brian: 905-852-5986 (karate)

Denise: 905-473-2450 (kick boxing)

Striving to make the world better by making people better.



**NOW OPEN!**

TRY CABLE WAKE BOARDING...

Instructors • Rentals • All You Need!  
Book an hour, share it with friends.  
Single Sessions or save with Multi-Packs.  
Birthday Parties • Private Functions  
REGISTRATION OPEN FOR Summer Camp

[www.railyardwakepark.com](http://www.railyardwakepark.com)  
905-868-5647



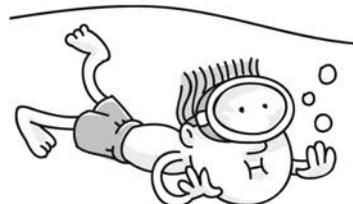
Canadian  
Red Cross

Authorized Provider

## Private Swimming Lessons

Eight private 30-minute at home lessons for  
1 on 1 Instruction starting at \$140 (discounts  
available for multiple swimmers)

Fun, outgoing, experienced instructor available  
Register for Lessons Today!  
Email: [jonah\\_mcgrath555@yahoo.ca](mailto:jonah_mcgrath555@yahoo.ca)  
Call : 905-953-0169





WE ♥ SUMMER CAMP  
Join us for our 28th Year!

- Weekly riding lessons all year round from age 7 and up
- Free riding assessments
- Birthday Party packages
- Special events
- Visit [www.harrogatehills.com](http://www.harrogatehills.com) for camp info/rates



[www.harrogatehills.com](http://www.harrogatehills.com) • 905-473-3847  
18786 McCowan Road, Mount Albert, ON L0G 1M0  
[www.facebook.com/harrogatehills](http://www.facebook.com/harrogatehills)

## Healthy You! Healthy Community! Wellness Expo

Free to the public; hosted by East Gwillimbury Public Library. Join us as we launch our York Walks! Library pedometer loan program. Family friendly! Vendors and exhibits will emphasize fitness and sports, physical and spiritual wellness, healthy lifestyle and nutrition, and sustainable earth products, promoting healthy living for all ages. Speakers, demonstrations, and draws; Kid Zone activities.

Date: Saturday, June 22, 2013, from 10 am - 2 pm at the Holland Landing Community Centre, 19513 Yonge St., Holland Landing.

# Swimming Lessons

In Holland Landing

RED CROSS  
CERTIFIED  
INSTRUCTORS +

Swim Kids  
levels 1 to 10

Starfish to Whale



Personal Lessons  
Fun Exercise  
Warm Pool



For more information  
please contact Mateo at:

**416 623 4069**

## How Did My Life Get So Crazy?

Free workshop: Is your life being ruled by the needs and wants of others? Or are you consumed with great gobs of aimless and unrewarding boredom? Have you fallen off your own priority list? Learn 5 simple techniques to create a life that is meaningful and rewarding. Learn to reconnect with your values and re-align your priorities for a happy, healthy life! Join Mickey Eves ([www.living-onpurpose.com](http://www.living-onpurpose.com)) on Wednesday, June 12, 6:30-8:00 pm at the East Gwillimbury Public Library, Holland Landing Branch, 19513 Yonge Street; call 905-836-6492 to register; or Thursday, June 13, 6:30-8:00 pm at the Mount Albert branch, 19300 Centre Street; call 905-473-2472 to register.

## A little help from your friends

How many times have you decided to start an exercise program, to stick with a healthier eating plan or make some improvement to your lifestyle, only to discover that a few short months (or weeks...or days!) later that you have given up feeling frustrated. You feel like a failure because, once again, you just couldn't stick with a plan. You're not alone; in fact this is more normal than the successes we so often hear about. I've been in the personal training business for a long time and it's a VERY rare occasion that someone comes to me before they have tried to succeed on their own. The reality is most of us need a helping hand to achieve success.

I'm certainly not here to tell you the only way to ever achieve success is through personal training (although I'm clearly a BIG believer in it), but I do want you to consider a "support buddy". Yup, a buddy. Did you know that one of the most important keys to being successful is having someone to support you? We just weren't made to go it alone. We all have those moments of weakness where we lose our resolve, we decide that the commitment we made just wasn't worth it or that it's simply too hard. In those moments what we really need is a little help from our friends.

A workout or diet buddy may just be the key to success that you are missing. They don't even have to have the exact same goals as you; they just need to be someone that cares that you stay on track. Find someone who wants you to succeed, who can be your cheerleader when you are doing great and play the role of the coach when you need a pep talk. As a personal trainer a big part of my job is teaching people how to exercise safely and effectively, but an even bigger part is being the person that recognizes their success and coaches them through their hurdles. I'm the buddy that they need to succeed. It's not just the "technical" stuff that makes a trainer successful; it's the coaching, the support and the understanding. Your buddy may not have the "technical" skills to help you design an effective workout program, but as long as they can at

least keep you on track, moving and motivated you're half way there!

Here are a few key things to look for in a buddy to help ensure your success:

1. They truly want you to succeed. This is really important. Sometimes even our friends can be jealous of our success and inadvertently try to sabotage you. "Oh, come on, one cheat won't hurt!" That's not the type of response you want from a buddy, they need to be there for you and support you no matter what.
2. They have the time to commit to you and your goals (and vice versa). A buddy who wants you to succeed is great, but if they never have the time to get together for workouts or a pep talk, they won't be of much help to you. It's nothing personal, you just need someone who you know you can rely on for their time and support, and you need to do the same for them.
3. They are generally pretty "upbeat". If your buddy always focuses on the negatives in life, they may have a pretty hard time being positive for you, even if they really want to be. Some people just weren't cut out to be a coach and that's totally alright! Recognize the positive people in your life and seek them out for support and encouragement, they are usually happy to help you out!
4. They should be a good listener. As soon as you tell someone what your goal is, you are far more likely to stick with it, that's all you have to do to start! Once it's out there, it's hard to take back! If your buddy has a great ear and meets the above criteria – you may have just found your ultimate success buddy!

Buddies come in all shapes and sizes, so fitness level actually has little to do with it. Positivity and commitment are the two biggest things you should look for in your support person. If you need help reaching your goals, of course I would love to be the

one to help you get there, but I understand that personal training isn't for everyone. Last month I celebrated some of my client's successes with you, this month I would like to invite you to BE the next big success story! If you think personal training is right for you, come check out Body Design for sure, any of our trainers would be happy to coach you to be our next success story! Until then, happy buddy hunting!



Kim is a certified Personal Trainer, Nutrition & Well Specialist, Older Adult Fitness Pro Trainer and Cancer Exercise Specialist. Body Design offers personal training, nutrition and lifestyle coaching to assist individuals achieve their fitness and weight loss goals. [www.bodydesign.ca](http://www.bodydesign.ca)

# HAPPY FATHER'S DAY!

## Sunday, June 15

Bring your Father, family and friends to the Car Show on Main Street. See vintage and classic cars from all over Ontario and further afield. 11 am - 4 pm. Presented by the Newmarket Car Club. Hosted by the Newmarket Downtown Merchant's Association. Raindate: June 22. For more information, please visit [www.newmarketmainstreet.com](http://www.newmarketmainstreet.com)



**MOUNT ALBERT VETERINARY HOSPITAL**

**Dr. "Bob" Prendergast**  
Full Service Animal Hospital

Mon, Wed, Thurs & Fri 8am-6pm  
Tues 8am-7pm

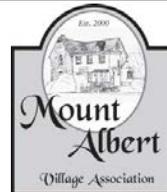
Grooming by Denise

19144 Highway 48  
Mount Albert  
(Across from Home Hardware Building Centre)

**905-473-2400**



## Mount Albert Village Association (MAVA) NEWS



The warmer weather is fast approaching and MAVA members have been springing into action.

- **MAVA Community Yard Sale – Saturday June 15th** – Be part of the Village and hold your yard sale along with other residents. For a free listing on the Yard Sale map, please send your address to: [info@mountalbert.com](mailto:info@mountalbert.com) – Subject: Yard Sale.
- **MAVA Battery Recycling** – Drop off your alkaline batteries at one of the following MAVA business locations: The Corner Decor & More, Mad Hatter's Bistro & Catering, MSVA Business Centre, the Mount Albert Public Library and The Prince Albert Pub.
- We need members to volunteer for upcoming events and general group operations. Please let us know what you can help with. Drop in and see Janet at The Corner Décor & More, or email [membership@mountalbert.com](mailto:membership@mountalbert.com)

A bit about Mount Albert > The 1857 Directory of Business Men, listed 10 local merchants.

The Mount Albert Village Association is open to all residents and businesses. There are 3 levels of annual membership; \$10 – perfect for the resident, \$50 & \$100 – geared towards businesses. To find out which suits your business needs, or for more details contact: [membership@mountalbert.com](mailto:membership@mountalbert.com) or drop in The Corner Décor & More and/or Mad Hatter's Bistro on Centre St.

Local events can be added to the website's Community Calendar at least a month prior > [web@mountalbert.com](mailto:web@mountalbert.com)

Hope to see you at the next meeting  
Wednesday, June 19th @ 7pm  
at the Mount Albert Community Centre (upstairs)  
53 Main Street.

Stay Happy, Stay Safe, Shop Local!  
And if we don't see you –  
Stay Happy, Stay Safe, Shop Local!

[www.mountalbert.com](http://www.mountalbert.com)

# PRE-SEASON AIR CONDITIONING SALE



**Prices to  
fit every  
budget!**

**Call About  
Energy-Efficient  
Air Conditioners**

- Outstanding Warranty Protection
- Quiet operation
- Energy efficiencies as high as 18 SEER



**TEMPSTAR®**  
Heating and Cooling Products

QUALITY YOU CAN FEEL™

Tempstar.com

© 2009 International Comfort Products, LLC

**ELIAS Heating  
& Air Conditioning**

20473 Hwy 48, Unit B  
Mount Albert, ON L0G 1M0

[www.eliasheating.ca](http://www.eliasheating.ca)

**905-473-4054**

## Some Like It Hot

By Lynne Marie Sullivan,  
Master Gardener



Did you know that raised-bed gardens were common for a thousand years before the introduction of power tillers 150 years ago? Now they're back. The 4-foot wide beds are the new standard for home vegetable gardens, with distinct advantages over grade-level gardens.

Raised-beds provide some significant benefits including improved drainage (plants hate wet feet), ergonomic workspace (at a height of 6 - 10 inches, they save wear and tear on the gardener), and efficiencies. In raised plots, plants are spaced equally in both directions since they are accessible without empty row space. This translates into more useable space with less water, compost and soil.

Advocates also cite the fact that raised-beds warm up faster than ground-level beds. But those who hold with the tiller-and-row tradition often say the warmer soil in raised-beds demands more water. So who is right?

To answer this, we need to think in terms of plant growth. Water is pulled up through the plant and out the leaves by transpiration (the plant's version of perspiration). Plants generally take up more water with higher air and soil temperatures. As water cycles through the plant, it carries with it more nutrients, creating a more robust plant. The key is that more water is being utilized by the plant for increased growth.

On the other hand, water evaporation from soil is simply lost. In traditional gardens, open rows soak up water which dissipates without ever getting to the plants. The close spacing of plants in raised-beds actually shades the soil, creating a green mulch. The helps to conserve soil moisture until plant roots can draw it, and the accompanying nutrients, up into the plant.

So while raised-beds may seem to need water a bit more often, the water is being better utilized, cycling nutrients and creating more robust plants. In addition to producing more food in less space, raised-beds help to make use of the available water. Every drop counts.

Master Gardeners are volunteers trained in horticulture to provide advice to home gardeners. Have a gardening question? Ask a Master Gardener! [yorkmastergardener@gmail.com](mailto:yorkmastergardener@gmail.com)



# Mountain Computing

19190 Centre St  
Mount Albert, Ont., L0G 1M0

## 905-473-1515

We come to your place, or you can drop a machine off at our place (by appointment only please)

**For Peak Performance, it's Mountain Computing**

PC and Laptop Setup, Repairs, Upgrades, & Sales  
Virus and Malware Removal

Crashed Hard Drive Recovery and Restoration  
Network Setup and Troubleshooting

## Business and Residential Service



Susan Crema-Martin  
Master of Real Estate Staging

905-717-7865  
susan@martindesigns.ca  
www.martindesigns.ca

HOME STAGING – INTERIOR DECORATING



*Taina*  
**Reed**  
Sales Representative

**ROYAL LEPAGE**

CELL: 905-960-2088  
OFFICE: 905-836-1212  
FAX: 905-967-0807  
EMAIL: [tainareed@royallepage.ca](mailto:tainareed@royallepage.ca)  
WEB: [www.TainaReed.com](http://www.TainaReed.com)

Royal LePage York North Realty, Brokerage  
Independently Owned and Operated  
1111 Davis Dr. Unit 11, Newmarket ON L3Y 8X2

1988 - 2013



Unemployed?  
Looking for Work?

[www.facebook.com/jobskills1988](http://www.facebook.com/jobskills1988)



Meet with an **EMPLOYMENT CONSULTANT** in **KESWICK** or **EAST GWILLIMBURY!**  
(Call for an Appointment)

*For assistance with:*

- Job Search Skills • Career Decision Making
- Resumes and Applications • Effective Interview Techniques
- Labour Market Research • Self Employment Options
- Job Matching and Placements with local employers

**All this and so much more**

**Providing Employment, Employer & Business  
Services at no cost to you since 1988**

## 905-476-8088

155 Riverglen Dr., Unit 7, Keswick  
[info@jobskills.org](mailto:info@jobskills.org) • [jobskills.org](http://jobskills.org)

*Other Job Skills Employment Services Centres:*

**Brampton:** 50 Sunnyside Gate,  
Unit 12, 905-453-7896

**Markham:** 4961 Highway 7  
Units 100-101, 905-948-9996

This Employment Ontario service is funded  
in part by the Government of Canada.



# Inspired by Design

By Susan Crema-Martin

Summer is a great time to enjoy. Whether you are at the cottage or at home with your feet up poring over the latest magazines or vacationing we are often inspired by design. This past month I was fortunate to be a part of Kimberley Seldon's Design Express Tour in Los Angeles for a week. We toured many exciting venues which included the Getty Center, Huntington Gardens, Gamble House, Betty Davis' home in Laguna Beach, Kimberley's favourite home décor shops including Hollyhock and many sites around Santa Monica including Venice Beach. Each of these venues provided me with further insight and contributed to the extension of my experiences in architecture, landscape and design which is pulled into my business.

One area I found intriguing was at the Getty Center where I experienced the blend of true architecture with nature. The center was built high on the hills

between 2 ridges overlooking LA. The building design and plant materials really play on one another and emphasize the use of space.

The Venice Canals created by Abbot Kinney was another area that captured my attention with a mix of old traditional and very modern structures, subdued colours and then very vibrant colours all in one area. This really struck a cord with me because design is just that these days.

Today's style is all about the personal touch and what is important to us. Some of us like to embellish our homes with the latest trends and others savour favourite heirloom pieces. Everything surrounding us in our home tells a story, what story do you want to tell?



Susan Crema-Martin is a Certified Master Canadian Staging Professional who works with clients that are either selling their home, or are looking for assistance is redesigning the space they live in. If you have a question contact [info@thebulletinmagazine.com](mailto:info@thebulletinmagazine.com)



Danielle Martin, placed 2nd in Eastern Canadian Championships in Trampoline (P4) for individual and 1st for Team Ontario. The competition was held in St. John's Newfoundland (May 9-12) for the top athletes across Ontario, Quebec and the Eastern Provinces for trampoline and tumbling. Danielle's next competition is Ontario Championships this month.



**Garden Centre**  
A Gardener's Paradise



**Summer Clearance**  
Sale on All Nursery Stock and other Gardening Items

One stop shopping for all your gardening needs

Tel: **905.722.5849**  
23834 Hwy #48, Baldwin  
[www.bluewillowgarden.com](http://www.bluewillowgarden.com)

**Thinking of Buying or Selling?**

YOUR **Community**<sup>™</sup>  
REALTY



BROKERAGE INDEPENDENTLY OWNED & OPERATED



**Sandra Mason-Grossi**

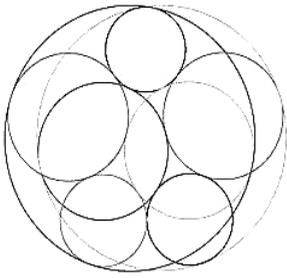
Sales Representative

**905-940-4180 or 416-502-2866**

EMAIL: [tsgrossi@hotmail.com](mailto:tsgrossi@hotmail.com)

Not intended to solicit buyers/sellers currently under contract

*The measure of who we are is what we do with what we have.*  
— Vince Lombardi



# Circles

## **Reflections and a possible rant about Earth Week 2013 or The small things make a difference**

By Vicki Pinkerton

Isn't spring amazing? Just the smell of the wakening trees, flowers and grass is enough to keep a permanent grin on my face. Even when the weather is a bit off, or we get a cold snap, I can close my eyes and breathe in the brilliant green odour and feel good. It is a time that I find myself taking the long way home, cruising the back roads and watching for little animals just up from their long naps, or stands of trilliums. I usually drive with the window half open, my nose twitching and listening for pond peepers. I am in an altered state.

In 2011, for Earth Week, I did an article about the efforts the kids at the Sharon Pubic School were making to clean up the area around their school. I also spoke to Taylor Robinson and his family in Holland Landing after they cleaned up around the bridge after the snow rolled back to reveal wind tossed garbage all over the place. I remember feeling good thinking about the youth of our town being so involved in keeping the streets and river banks pristine. Last year, I talked to Joseph Bonnaville about his mission to clean up his stretch of Mount Albert Side road between Durham 30 and Royal Oak Road. I was impressed with the dedication he and four friends had as they dragged in 18 bags of 'stuff.' That kind of volunteer work is always inspiring.

This year as I drove around in my spring daze, I noticed that a whole new crop of tires had sprung up on Green Lane. There were coffee cups and beer cans lying casually on the flat, brown grass and I started to feel discouraged. There seems to be as much trash in the ditches and on the streets as there ever was. Can we just not clean up and leave the highways, byways and streets looking tidy for good?

Who throws this stuff around? I am pretty certain it is not anyone I know. My friends are just as offended by the heedlessness as I am. It's not the kids because they are the ones cleaning up. How can this happen? I talked to Mr. Bonneville again this year about his April 2013 pick-up. He said that his small group collected 20 bags of stuff in their short walk. Wow. That is actually more than last year.

So if I don't toss things and you don't, who does and why? I remember reading Malcolm Gladwell's, "The Tipping Point - how little things can make a big difference." In it, he talks about the broken window theory. The theory says that "crime is the inevitable result of disorder. If a window is broken and left unrepaired, people walking by will conclude that no one cares and no one is in charge. Soon, more windows will be broken, and the sense of anarchy will spread from the building to the street on which it faces, sending a signal that anything goes. In a city, relatively minor problems like graffiti, public disorder, and aggressive panhandling, are all the equivalent of broken windows, invitations to more serious crimes."

Gladwell was talking about New York City and the petty crimes that come from the elements of not caring and yet some of it makes sense for us too even though we have very few boarded up windows, no broken ones, hardly any graffiti and nary a pan-handler. We do care or we would not have groups going out every earth week and tirelessly collecting misplaced waste in all kinds of weather. Garbage bags are filled, piled and carted off to landfill sites. The sidewalks, road allowances and riverbeds are pristine for those first few days and then it happens again. Joseph told me, that he and his group enjoyed the outing. "It was good exercise and we always feel a sense of accomplishment when we do our bit to help keep our town clean. It would be nice if we all made an effort to keep the roadsides clean. It wouldn't take any real extra effort however, in reality we will probably be back at it next year."

Why should we be back at it next year? There must be a way to stop garbage from hitting the ditches. We are a creative community. Let's put our heads together. Some of it can be stopped by simply tying the garbage bags up tight so the playful wind doesn't lift light stuff out of the top and toss it into the jet stream. When I walk my dog into the middle of a 500 acre field I find plastic bags, paper and other things that travel there on the breezes.

If I am not throwing garbage out of my car, and you aren't, if our kids aren't and the people who take ownership of our town aren't, then maybe it is people who are passing through or visiting. Perhaps they can't see how much pride we take in our clean rivers, walkways and road allowances. Maybe there are ways we can show them how much we care.

I am told there is a woman, I don't know who she is, who takes a morning walk along Centre Street in Mount Albert, early, almost every day of the week. When she walks she brings a bag and picks up bits of paper and things that have collected along the road since the last time she went by. This act of caring is hard to see. If she didn't pick things up, they would accumulate and eventually we would all notice but she does and we don't. Her actions are one way to show people that ours is a town that cares.

Can you think of other ways? Could we have more garbage cans, offer visitors garbage bags for their cars and maybe we could carry a bag with us at all times to pick up the things that fall through the cracks. There must be other more creative ideas. Let's put our heads together and make changes so that next years Earth Week volunteer collectors will find themselves going out for a walk and coming home with empty bags.

If you have ideas to help keep our streets, road allowances and waterways clean, send me an email at [info@thebulletinmagazine.com](mailto:info@thebulletinmagazine.com) and I will pull together a list for publication next month and again as a reminder just before Earth Week. Thanks Vicki

---

Please help: What do you share within your neighbourhood or community? I am doing an article about sharing and am finding most of my information in Toronto and Barrie. If you have a local story about something shared, please share. [vickipinkerton@gmail.com](mailto:vickipinkerton@gmail.com)



*Vicki Pinkerton lives on a small farm just outside of Mount Albert when she is not driving the roads of Canada. She is a practicing life coach, a writer and adventurer who wonders about many things. [www.questacrosscanada.com](http://www.questacrosscanada.com) or [lifelinescoaching.org](http://lifelinescoaching.org)*

# May & June 2013

## Mt. Albert & District Lions Club Update



It's now June and Mount Albert is bustling with activity. Of course, much of this is a result of being shut inside during a long winter and very cool spring. Sports Day recently brought out the best in the community and it made us excited and energized for the rest of the spring and summer.

Spring also marks the time when you are seeing more of us Lions in the community. If you or your children play soccer at the Lions Club Park in Mount Albert, we would like to remind you that we have a snack bar that is at the rear of the Lions Hall beside all the soccer fields.

The snack bar has been officially open since the week of May 20th. It is currently open Monday to Thursday evenings from 6:30pm- 8:30pm and during special events, such as soccer tournaments and Canada Day celebrations (fireworks). We operate the snack-bar until the third Sunday of August.

The Snack-bar boasts a wide selection of goodies, ranging from hamburgers to hotdogs to French fries. Coffee, tea, bottled water and other assorted soft drinks are also available. We even have bags of assorted candy ready for the kids, which are a huge favourite. Everything on sale is available at very reasonable prices and the proceeds go to support our work as a service organization in the community. If you are interested in learning more about the Lions Club and/or becoming a member, just ask us when you are at the Snack Bar and we'd be happy to chat with you.

While it may look like we are just becoming active again, the truth is quite the opposite. In fact, we have been very active in supporting worthy community initiatives since the beginning of the year, not just since the warm weather occurred. Here are some of the projects we have recently supported:

- South Lake Regional Hospital, multi-year fundraising commitment
- Uxbridge Cottage Hospital
- The Family Place, Mount Albert—Library expansion and resources
- Mount Albert Scouts—Support for Trip to the Canadian Jamboree
- Camp Kirk—Summer Camp for Children with Learning Disabilities
- Bob Rumble Foundation for the Deaf
- Newtown, Connecticut Lions Club Foundation—Funding for counselling program for Community First Responders to Newtown shooting

In addition to these efforts, Mt. Albert Lions continued their support of "Effective Speaking", Lions Club's public speaking program. This year the competition was held on March 19th in Mount Albert and 4 speakers competed for the rights to go on to the District level. Fady Andrews went on to win at the District competition level. We want to congratulate him and thank all the participants for their excellent speeches and the judges for dedicating their time to the event.

In closing, we are all looking forward to an enjoyable and a relaxing summer with lots of warm weather. We hope that you have lots of opportunities to enjoy the great community events that Mt. Albert and area has to offer.

Lion Paul Brand, President  
Mt. Albert and District Lions Club  
pbft@sympatico.ca



**Successful investing begins with good advice**

RRSP, RRIF, RESP, Financial & Estate Planning  
Tax Reduction Strategies

---

**Owen M. Smith, HBA, B.Sc., Investment Advisor**  
17345 Leslie St., Suite 100  
Newmarket, Ontario L3Y 0A4

905-898-4228  
email: [osmith@dundeewealth.com](mailto:osmith@dundeewealth.com)



**DUNDEEWEALTH**

# Muskets Drums and Secret Trails

By Marlene Johnston, East Gwillimbury Councillor

I could hear the explosion of the muskets and the rhythmic beat of the drums when Nancy Eves told me about the upcoming event commemorating the war of 1812. Nancy is president of the East Gwillimbury Historical Society. The event she spoke of, sponsored by the Ontario Trillium Foundation, will be held in Anchor Park, Holland Landing on July 19 and 20, 2013.

Sounds we haven't heard in 200 years are not the only treats she has in store. Nancy spoke about the vibrant colours, the dance movements, and the Pow Wow as the setting for native storytelling on Friday evening. Suzanne Smoke, Aboriginal Cultural Coordinator, a colourful character herself, is directing the events on Friday that will bring alive the native ancestry roots of the area.

The program on Saturday will be brought to life by re-enactors equipped with and dressed in full military regalia of the day. The three performances that day is when we'll hear those muskets and smell the gunpowder that was part of everyday life for 1812 soldiers.

But what I found most interesting was the fact that this "army" will be complemented by merchants and sutlers, just as it would have been in 1812.

A typical "sutler" or "merchant" is a civilian that followed the army to sell provisions and amenities to the war effort or to those who would follow the troops. Iron mongers, blacksmiths and medicine men would be among the followers that stood to gain by being close to the action. Their skills and wares were also very necessary to the war effort. The back of a wagon or a temporary tent, served as their store front, allowing them to travel along with an army or to remote military outposts.

The events of July 19 and 20 will help us experience and perhaps understand more about the way of life of those who inhabited and visited the area two hundred years ago when times were very different.

In today's world, when a storm takes out the power to our homes, forcing us to live without our modern amenities and gadgets, we are close to panic, but we know that soon there will be heat and light, and soon we can re-charge our blackberries. To appreciate all that we have today, spending some time in Anchor Park understanding how our ancestors lived, how it felt, how it sounded and smelled is the goal of our local Historical Society, so mark the dates on your electronic calendars and stay tuned for more details.

I can't wait to hear about the "Secret Trails" part of this event. Guess we'll have to ask Nancy.

## Muskets and Drums



Marlene Johnston  
East Gwillimbury Councillor

Grab your lawn chair and head out to  
Anchor Park on Doane Road  
in Holland Landing  
July 19 & 20  
Aboriginal Entertainment,  
Displays, Demos and  
Military Re-enactment

Got time for coffee? it's on me!  
[marlenejohnston@rogers.com](mailto:marlenejohnston@rogers.com)



**Large Pizza**  
**1 Topping**

Pick up only with coupon

**\$9<sup>99</sup>**

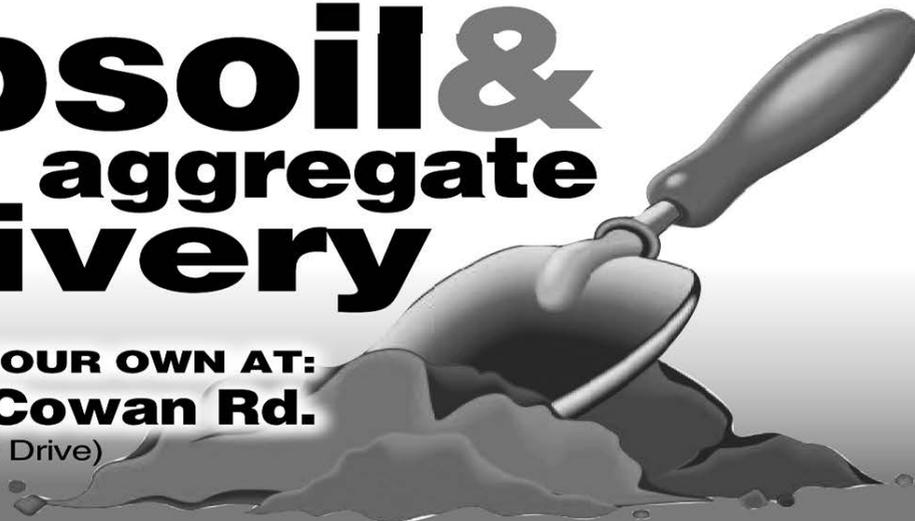
905 473-7700

19181 Centre Street

Tax & Delivery Extra

# topsoil & aggregate delivery

OR PICK UP YOUR OWN AT:  
**1844 McCowan Rd.**  
 (3km north of Davis Drive)



- TOPSOIL • TRIPLEMIX • TOP DRESSING
- WOOD MULCH • SAND • LIMESTONE
- GRANITE PRODUCTS
- GRAVEL PRODUCTS • LANDSCAPE ROCKS

Monday - Friday 7am-5pm • Saturday 8am-2pm

**FLOYD PRESTON LIMITED • 905-473-1921**

**www.floydprestonlimited.ca**

## MOUNT ALBERT TAX COMPANY HOLLAND LANDING TAX COMPANY

*"The low cost provider of professional tax services"*



Ian Hawkins

**ACCOUNTING  
 & INCOME TAX**

905.473.6522 • 289.319.0506

www.t42.ca

Next to the Post Office, Mount Albert  
 Gristmill Plaza, Holland Landing  
 1.866.355.5759 • f. 289.803.0041 • c. 416.528.9639

## SKWARCHUK FUNERAL HOMES



W.B. SKWARCHUK LIMITED

DIRECTORS

BILL SKWARCHUK      JILL SKWARCHUK  
 BILL LANGFORD        JOE LUNDY  
 RICK PEDDER         JOHN KATZ

P.O. Box 318,  
 30 Simcoe Rd.,  
 Bradford, Ont.  
 L3Z 2A9

(905) 775-3335

www.skwarchukfuneralhome.com

1-800-209-4803

FAX (905) 775-8534

19153 Centre St.,  
 Mt. Albert,  
 Ontario  
 L0G 1M0

(905) 895-8062

## THE PET NANNY

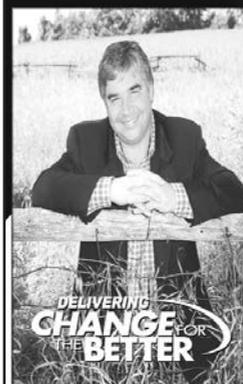
**Need pet sitting services?**

**Contact Lynda Annall**

t: 905-473-6708

c: 905-830-2487

e-mail: lannall@xplornet.com



**PETER  
 VAN LOAN MP**  
 YORK-SIMCOE

Tel: 905-898-1600

Fax: 905-898-4600

Toll Free: 1-877-Peter-4-U

Email: vanlop1@parl.gc.ca

45 Grist Mill Road, Unit 10,  
 Holland Landing, Ontario, L9N 1M7



## ADVERTISEMENT

# Through the Hayes

My name is John Hayes and my wife Julia and I own and operate Blackwater Golf on Highway #48. Finally, the golf course is open and we have some interesting specials this year – the usual senior special is being brought back (nine holes for nine dollars before nine a.m.). Then the Tuesday and Thursday special (\$30.00 for two, including cart for nine holes from noon until 5:00 pm). Then there is the \$5.00 off coupon programme which is applicable from the second visit if you play again within two week time period. All taxes are extra on these deals. Deals cannot be applied to other promotions.

I kinda expect dumb people to do dumb things, but lately really smart people have been doing the dumber and dumber two step. How can Mike Duffy, Pamela Wallin, Mac Harb and Patrik Brazeau all get caught padding their expenses while sitting in Canada's biggest gravy train, the Senate? I mean, I mean, I mean – aren't these guys well off enough already? Both you and I know that the Public Purse is very generous so it always amazes me when these guys go for the throat. I don't believe they are desperate for the coin. They certainly don't look like they are starving. So why not just back away from the trough. It seems as though what they always want is – more. No reason – just more. Just like the classic remark from David Dingwall – "I'm entitled to my entitlements". We tax payers have to look on while they plunge both hands into the cookie jar. It totally blows away what's left of my mind when I hear that Mike Duffy actually (allegedly) persuaded the Government's Chief of Staff to pony up a government cheque to pay his reparations. Man, I've lost a lot of respect for our Mr. Duffy and our Federal government. It seems like they don't even have a toe in the ocean of reality.

In the big smoke, things are just as bad. The Ford brothers are being accused of being drug dealers – smoking crack cocaine. Their accusers, the media's "well researched" sources, won't leave their names, write official statements or even show their faces. These sources, purportedly, drug dealers and criminals sure do sound like upstanding witnesses to me. Yep, liars, cheats and thieves really are a credible basis for the claim of "extensive research" – yes, that's sarcasm. Almost all of us have done things in the past when we were young and naïve, but these life experiences both good and bad, shape us into who we are today. What's the big deal about over these allegations anyway? Did anyone think that the Ford brothers were choir boys?.....hummmmm. What they did do and can be proven is that they chopped out the gravy train, and balanced Toronto's budget. Toronto's current building boom is the best in North America – lots of good paying jobs, solid real estate values and one of the healthiest economies in North America. This has helped to lighten the tax load in all of the 905 areas. You may not LIKE Rob Ford but all of this is a reality.

Well that's it for this month folks. Enjoy your summer.

Please contact me at Blackwater Golf (905) 473 5110 or [contact@blackwater-gc.ca](mailto:contact@blackwater-gc.ca).

No rude emails please or I can't forward them.....

# Lee Lander

BROKER

## Wonder What YOUR HOME IS WORTH?

Contact me for information on recent sales in Your Neighbourhood



\* 18 Mugford Road



61 Longford Drive



\* 97 Lancaster Court



\* 507 Slingerland Circle



\* 361 Andrew Street



\* 769 Pam Crescent

LEE GETS IT...



\*Represented the Buyer in this transaction

Lee Lander  
BROKER

Shai Lander  
Sales Representative

Direct **289.231.0937**

Office **905.895.5972**

**LeeLander.com**



  
**KELLER WILLIAMS**  
REALTY CENTRES  
BROKERAGE, INDEPENDENTLY OWNED AND OPERATED



TOP 1% OF KW  
REALTORS FOR 2012

Not intended to solicit buyers/sellers currently under contract