

October 2012

East Gwillimbury's

Bulletin

MAGAZINE

Since 1998

SEPTEMBER 2012, VOL. 14, NO. 7

HUMBLE HYDRANGEA

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Sunday, October 7th - Saturday, October 13th

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- Identify anyone who requires assistance to get out of the home safely, such as small children or older adults

Make sure that you have working smoke alarms on every storey of the home and outside all sleeping areas

- Make sure everyone in the home knows the sound of the smoke alarm

Identify all possible exits (doors and windows) and make sure they work

- Know two ways out of all areas, if possible

Everyone must know what to do when the smoke alarm sounds

- Assign someone to help those who need assistance
- Identify a safe meeting place outside
- Call the fire department from a neighbour's home or cell phone

Practice your home fire escape plan

- Have everyone participate
- Make changes to your plan if necessary

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Contributors:

Vicki Pinkerton, Susan Crema-Martin, Anne Hill, Ian Hawkins, Mary Lou Swanson, Brandi McCarthy, Lynne Marie Sullivan, Moira Sanders



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On the cover:

Master Gardener, Mary Lou Swanson writes about the renaissance of the hydrangea on page 28. Hydrangea dates back to the Victorian era.

Cover image - Faithful Limelight Hydrangea



I am so not ready for colder days ahead! I let our dogs out for their early morning you know what and there was frost on the ground... YIKES! I guess I'll have to pack up the summer clothes and do my annual rotation in the closet. In a few weeks I will be hoping for snow - I know sounds crazy but after the leaves have fallen I want to rush into the next season (impatient)! I figure we might as well get it over with and enjoy some outdoor fun in the snow - and I've been forced to start thinking of our annual family ski trip - I guess that doesn't help matters.



Planning ahead whether it be days, weeks or months in advance is something we all do daily.

This story is very close to my heart not only because I have such a huge admiration and love of horses, but I have spent the last 12 years at Harrogate Hills Riding School not only because of our daughter Sam, but I ride too! We are like a family there and have made life long friends... with the people as well.

In order to plan for her future, my friend, Patricia took a road trip to see some potential school horses for her farm. It didn't turn out to be a happy ending. (Read Vicki Pinkerton's story on page 14).

All of the parents, students and staff at the farm wanted to help out and as you can see in this issue there is a notice about "Horse-Aid", a fund raising event for these 4 horses. Everyone is welcome and any help will be deeply appreciated.

I've had the privilege to spend some time with all four rescued horses and they have wonderful personalities. The first time I visited Hawke (which I consider in the worst condition) he propped his head gently on my shoulder as I scratched his cheek - he seemed so grateful for human contact. The others who are in a large field came immediately to the fence line for a visit (and a snack) and all three roam around their pasture always side by side. Seems like they are supporting each other.

I know what these animals are 'thankful' for.

Take care and Happy Thanksgiving,
Christine

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What's On

Wednesday October 3
(Every week until Nov. 7)

FREE Yoga with non-perishable food donation for local food banks.

18+ welcome. Brought to you by Healthier at Home. For info contact Shannon, healthierathome@hotmail.com or www.healthierathome.ca

Saturday, October 6
EG Farmers' Market Closing Day

Trick or Treat.

8 am to 1 pm at the Civic Centre
19000 Leslie Street, Sharon
www.eastgwillimburyfarmersmarket.com

Tuesday, October 9

York Simcoe Naturalists Club

General Meeting

7:30 pm. Speakers: Frank Jonkman, town engineer - Bradford and Christa Sharpe LSRCA talking about the Holland Marsh Canal Rebuilding. River Drive Park Community Centre, 20 Oak Avenue in River Drive Park (off the Queensville Sideroad, north of Holland Landing). Refreshments will be served. Please lug a mug. www.ysnaturalists.ca or ysnclub@yahoo.ca.

Wednesday, October 10

Mount Albert Village Association's First Annual General Meeting

Please join current members at 7:30 pm 53 Main Street, Mount Albert Community Centre. \$10 membership anytime. Est. 2000 - hear what we've done over the years. All are welcome!

Wednesday, October 10

Mount Albert Bible Fellowship Thanksgiving Seniors' Brunch

53 Main Street, Community Centre. 10 am to 11:30 am. Brunch feature: "Canadian Travelogue" a devotional talk from the Bible.

Friday & Saturday, October 12 & 13
Giant Used Book Sale

19513 Yonge Street. Holland Landing Library Branch. Early Bird (Friday) 7-8:30pm. Admission \$5. Saturday - FREE admission 9 am to 4 pm. Last Call Special 2-4pm (Saturday) Fill your bin for \$5. Please bring your own bags. For info visit www.egpl.ca

Saturday, October 13

EG Trail Walk

Mount Albert Trail
Meet in parking lot of Ross Family Complex, Mount Albert. Meet at 9 am, dressed for the weather.

Tuesday, October 16

EG Gardener's Meeting

"Squirreling Away for Winter," with cookbook author Moira Sanders. Mount Albert Community Centre, 53 Main Street. All welcome, guests \$2. For more info call Anne 905-478-8450. www.gardenontario.org/site.php/mountalbert

Tuesday, October 16

Newmarket Hort. Society Meeting

8 pm (every month, except December). \$2/Guests. Guest speaker: Cathy Kozma "The Importance of Bee-ing"
New members and Guests are always welcome, raffle draws and refreshments at each meeting. 905-898-2635 or www.gardennewmarket.ca

Tuesday, October 16

Mount Albert United Church Community Luncheon

11:30 am to 1:00 pm. \$7.00
Come and enjoy a delicious lunch served by our church. 41 Alice Street (basement)

Wednesday, October 17

Newmarket Historical Society

Talk on the discovery of HMS General Hunter. Free Admission. Newmarket Community Centre, River Walk Commons. 7:30 pm - 9:15 pm

Thursday, October 18
(every 3rd Thursday)

Holland Landing Country & Western Jamboree

Holland Landing Community Centre. 7 pm to 11 pm. All are welcome. Jacque or Walt at 905-473-7072 for info.

Saturday, October 27

Halloween

Haunted

Walk

Anchor Park,
6:00 pm

Start at

Anchor Park Picnic Shelter

Must register to attend. For more information please check the Town's website at www.eastgwillimbury.com or the Town's Fall Leisure Guide.



Saturday, October 27

SPOOKTACULAR HALLOWE'EN PARTY

Elman W. Campbell Museum
7:00 to 8:30 p.m. Children aged 4 to 10 are invited to come in costume for games, craft, costume parade and a Hallowe'en story. Admission is \$5.50 per child. Children must be accompanied by an adult. 134 Main Street South, Newmarket. Pre-registration is required. For more information, please call (905) 953-5314 or email elmanmuseum@rogers.com

NOVEMBER EVENTS

Sunday, November 4

Mount Albert Craft Sale

10am - 3:30 pm. Mt. Albert Lions Hall 5057 Mt. Albert Road. 25+ crafters, FREE admission, Local Girl Guides selling light refreshments. For info contact Marlene, 905-473-2742

You can't change the world by rescuing one horse... but for that one horse, their world has changed forever.

Harrogate Hills HORSE-AID

Sunday, October 14

4 pm - 6 pm

Everyone is
Welcome!

ALL proceeds from this fund raising event will go toward the care and rehabilitation of these four brave horses!

Please join us and see how they've progressed in just a few weeks!

Silent Auction • Toonie Tape • Draws • Pony Rides (Outdoors) • Refreshments & More
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www.harrogatehills.com • Contact Christine @ harrogatehorseaid@gmail.com

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Photos taken 09.10.12 (Their condition when they arrived)



Wellington



Hawke



Vienna



Brodie

"There is something about the inside of a horse, that is good for the outside of a man"
- Winston Churchill

See Vicki Pinkerton's article about these horses on page 14.



Haunted Halloween Walk



We start at the Anchor Park picnic shelter with some spooky fun activities.

Then we will join in on a walk through the forest listening for sounds that could be ghosts, goblins or a hooting owl.

Children must be accompanied by an adult.

Please bring a flashlight and wear your costume to add to the spirit of the night.

Children must be registered for this event.

Date: Saturday October 27, 2012

Time: 6:00 pm

Location: Anchor Park, Holland Landing

Cost: Free

Registration Code: 4242



For more information please contact Leisure Services at 905-478-3826
Or visit our website at www.eastgwillimbury.ca

Fast facts about Canada's new anti-spam law

(NC)—Spam and other electronic threats are a real concern to individual Canadians and businesses. They can range from the annoying, unwanted commercial messages cluttering inboxes, to the harm caused by malicious actions. This includes the theft of personal data (identity theft), being deceived by false or misleading representations, fraud involving spoof emails and websites (phishing), and the collection of personal information through illicit access to computer systems (spyware). The federal government's new anti-spam law was passed in December 2010. When it comes into force it will:

- Require companies to gain a consumer's consent in order to send commercial electronic messages; and
- Help protect consumers and businesses alike by deterring the most damaging and deceptive forms of spam from occurring in Canada, creating a more secure online environment.

The idea is to grow and strengthen electronic commerce across the country and to help Canadian shoppers feel just as confident in the electronic marketplace as they do at the corner store.

Three federal agencies will be involved in enforcing Canada's new anti-spam law: the Canadian Radio Television and Telecommunications Commission, the Competition Bureau, and the Office of the Privacy Commissioner of Canada. More information is available online at www.fightspam.gc.ca.

www.newscanada.com

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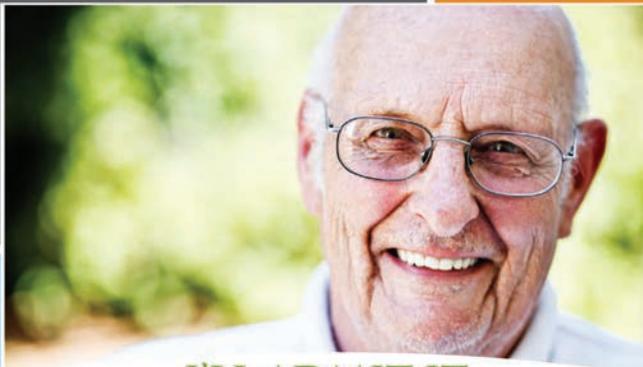
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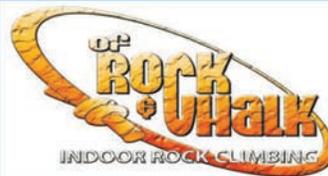
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EG TALONS



East Gwillimbury Talons (U11 All-Star Girls)

finished up the 2012 season with outstanding soccer with stats to be proud of!

- Total games played : 13
- Wins: 8
- Ties in reg. time : 4
- Losses in reg. time: 1
- Goals For : 24
- Goals Against:5
- Shutouts: 10

Team Members - FR: Taylor Sullivan,
Lyndsay Elliot

MR: Hannah Goodjohn, Meghan Fletcher,
Mackayla Thomas, Ella, Grace Varga,
Emma Ostroski, Lyndsay Mulholland,
Emma Taylor

BR: Kate Rodgers, Amy Bradler, Ainsley
Gaston, Nadia Roswell, Sam Lewis,
Maggie, Amy Wolscht, Kaitlin Meyer

Coaches: Camron Fletcher, Darren Meyer,
Chris Taylor

Missing from picture: Olivia Turcott, Alexa
Hall

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Village
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Annual General Meeting

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7:30 pm

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Raising \$ Off Season

Peewee BB Bottle Drive

The girls held a bottle drive this summer to raise funds for their team. Small groups canvassed Mt. Albert, Keswick and Sutton. We had a great day and lots of fun. It was a huge success thanks to all the residents in these locations for supporting the team.

Photo: (L) Kristen Rogers and (R) Christine Laframboise who canvassed in Mount Albert .

Peewee BB Bike-a-thon

The rep girls team from Georgina Girls Hockey Association completed a 20km bike-a-thon on Saturday August 11th, 2012 to help cover their costs to play hockey. They started their ride from Anchor Park under wet conditions but the clouds cleared and they had sunshine the rest of way to Fairy Lake and back. It was a great day and everyone had lots of fun. Thanks to all the residents of Mount Albert and Keswick for pledging the girls.

Photo: Girls Peewee BB rep hockey team at Anchor Park day of bike-a-thon



East Gwillimbury Athletes

*We count on Coaches, Parents and the Community to submit stories to feature!
Thanks for your contributions - email info@thebulletinmagazine.com*

Who wouldn't want to try a "whoopie pie"?

Whoopie pies are made up of two cake-like cookies, sandwiched together with a cream filling. These pumpkin ones make for a fantastic little treat that are satisfying but light at the same time.

Pumpkin Whoopie Pies

Cookies:

2 cups all-purpose flour
½ tsp. baking powder
½ tsp. baking soda
2 tsp. ground cinnamon
1 tsp. ground cloves
1 tsp. ground ginger
½ tsp. fine sea salt
1 cup unsalted butter
2 cups firmly packed brown sugar
2 large eggs
1 ½ cups pumpkin puree
1 tsp. pure vanilla extract

Preheat oven to 350 F. Line 2 large baking sheets with parchment paper.

Sift together the flour, baking powder, baking soda, cinnamon, cloves, ginger and salt in a medium bowl. Set aside.

In the bowl of an electric mixer, beat the butter and sugar together for 2 minutes. Add the eggs, one at a time, mixing well after each addition. Add the pumpkin and the vanilla. Mix well. Slowly add the dry ingredients and mix until just combined.

Spoon heaping tablespoons neatly onto the baking sheets leaving 1 inch between each cookie.

Bake for 10 to 12 minutes or until springy to the touch. Slide the parchment (with the cookies) off the baking sheets and onto the counter to cool.



Filling:

6 Tbsp butter, at room temperature
1 cup icing sugar
Pinch of fine sea salt
2 Tbsp pure vanilla extract
1 egg white
1 Tbsp milk

In the bowl of an electric mixer fitted with the whisk attachment, whisk the butter until light and then whisk in the icing sugar until light and fluffy. Add the salt and vanilla and mix well. Add the egg white, whisking vigorously. The mixture will appear to break and separate, but continue to whisk until it comes back together and forms a smooth cream. Then whisk in the milk.

Putting Together:

When the cookies are cool, spread one with a thin layer of filling and top it with another cookie to make a whoopie pie. Continue with the remaining cookies and filling. Store the cookies in an airtight container. They will keep for about 1 week (but I'd be surprised if they do!).



Moira Sanders has made a career of food which gives her inspiration for her local cooking classes, her website www.moirasanders.com, and cooking for her busy family. Moira co-wrote the award-winning cookbook "The Harrow Fair Cookbook" published by Whitecap Books. Moira can be reached at moira@moirasanders.com.

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York North Family Resource Programs

The Family Place is a non-profit drop-in stay and play Centre for children and provides support and education for parents, grandparents and caregivers for children from birth to 6 years. Two spacious rooms with play areas, daily programs and circle times. Open September to June daily 9:30am to 2:30pm, Monday to Friday. Located in the lower level of Mount Albert Community Centre. 905-473-5929 www.ynfrp.org

Sharon Co-operative Playgroup

Every Wednesday at 9:30 am. Goes until the last Wednesday in June. Contact Tanya Harrison 905-589-0066 or tanyacm2b@yahoo.ca
Sharon-Hope United Church, 18648 Leslie Street, Sharon. A non-profit organization that consists of caregivers and their children (newborn-6 years) that participate in a stay and play program in a co-operative setting.

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Harrogate Fosters the Love of Horses

By Vicki Pinkerton

Brodie, Hawke, Vienna and Wellington are not responsible for what happened at Harrogate Hills Riding School and yet their coming shifted something at the sleepy farm on the rolling land outside of Holt. It is possible that nothing will ever be the same. The day I met Patricia Gillis, the owner and operator of the riding school, the sun was shining and a crisp September breeze was blowing. All of the horses were out soaking up some of the last days of summer. While we walked along the wide, immaculate corridor, Pat told me what had been going on over the past couple of weeks. At one point her eyes filled with tears and she had to stop to catch her breath. I was overwhelmed by the story she told.

Four new horses in the barn had arrived in mid September. Pat had been approached by an owner who had to sell, and encouraged her to visit the Port Colborne area farm where they were boarding. She had seen pictures of them and although she was not sure that her small establishment could afford four new animals at once, good schooling horses are hard to find and who knows? What she found shocked her beyond belief. She could see Brodie, Vienna and Wellington in the field. They were in a state of appalling neglect, skin and bones, with no food or fresh water. The fourth horse, Hawke, was mysteriously absent. They found him in a dark, dirty stall, with no water or food. The door had been left open so he could access the pasture. He was so badly foundered that he could not walk and make his way to the field where he would have at least found some grass.

Pat sensed that he was more dead than alive and needed immediate help. She rushed home, obtained a trailer and someone with the expertise to move such frail animals. She headed back with friends to help with anything else that might come up. Loading them onto the trailer was difficult especially in the case of Hawke. He needed a lot of help to make it up the ramp and then it was obvious that he would not be able to stand for the long, swaying trip along the highway. They used bolsters to prop him up and eventually did make it home successfully.



Above: Hawke when he arrived at Harrogate Hills and; right: enjoying a full bag of hay



The Harrogate Hills Riding School is a busy riding stable. Pat with the help of a dedicated staff, instructors, weekly riders, students, parents, boarders and volunteers, has created a perfect place to foster the love of horses and riding. Through lessons, holiday riding camps and special events, everyone associated with the farm feels a sense of community and ownership of all that happens there. When the emaciated animals arrived a ripple of shock went through the community. How could anyone have allowed this to happen?

The vet and blacksmith came and began the long, expensive process to bring the patients back to health. It was apparent that they had not been given basic foot or health care in at least a year and they had been slowly starving to death for a long time. Vienna, Wellington and Brodie, may not recover enough strength to become schooling horses but they will recover with constant, vigilant care. Hawke on the other hand was in much worse condition and his recovery is still uncertain. Excellent feet are very important to an animal the weight of a horse and his feet have been seriously damaged, not to mention the effects of malnutrition. When I met him he was standing in a stall, on trembling legs. He had access to fresh water and hay and was gratefully munching the carrot Pat had offered, enthusiastically slobbering orange carrot juice on both of us. Pat still has a catch in her voice when

she refers to him. The vet and blacksmith are cautiously optimistic; after all, he has come through a lot and still has the will to live and a great attitude that will go a long way.

So what now? Life at Harrogate Hills is slowly returning to normal. Fall classes are in full swing. In a sense, things will never be the same again. There is a shadow over the barn as people try to deal with the notion of such cruelty. The circle of protection that has sheltered the riding school has to somehow absorb the ugliness and grow stronger. Logic says that Pat should have never taken the horses. They are too wounded to work at the school and they could become a burden on the limited resources of a business. On the other hand, this is not a situation where logic applies. Everyone who has ever been touched by Harrogate's commitment and passion, students, parents, friends and neighbours are all pulling together. What can be done to help? Extra treats are arriving, words of encouragement and a determined community of people sitting down together to figure out how to make it work. In the few weeks that the horses have been here, receiving a healthy helping of TLC, some of the stark hollows in their bodies are beginning to round out. Funds are low but a fund raiser for 'Horse-Aid' has been planned by friends of Harrogate for Sunday, October 14th from 4-6 pm at the farm.

This story is not finished. I know Pat does not really see it this way but she is a hero in the lives of these animals. She looks disbelieving as I say that. "I did what anyone would do," she says firmly. End of subject.

The students have taken in something new about the world outside of their normal lessons and yet because of the way the farm family has rallied around, I believe they will come to understand that they have the power to alleviate some of the pain in the world. This community has seen itself and is coming to understand its strength. They welcome others to come and join them. Their passion will go a long way. Ask the horses on the farm. At least on the day I visited, life was a sunny pasture surrounded by love and healing energy. Who could ask for more?

~~~~~

All funds raised will go toward the care and rehabilitation of these rescued horses. For more information about the horses, Harrogate Riding School or the Horse-Aid fund raiser visit [www.facebook.com/harrogatehills](http://www.facebook.com/harrogatehills) or email [harrogatehorseaid@gmail.com](mailto:harrogatehorseaid@gmail.com)

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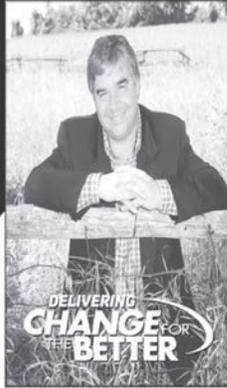
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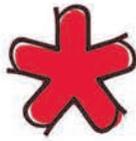


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November 10, 2012

Our community food drive works with local grocery stores and food banks to fill the hunger gap between Thanksgiving and Christmas.

### SNOW removal

November 2012 – April 2013

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### TREE planting

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## Peewee AA Eagles Finalists in Garden City Early Bird

East Gwillimbury's Peewee AA Eagles had a flying start to their season with serious hockey in St. Catharines and serious fun in nearby Niagara Falls!

They kicked off the round robin with two close games on Friday: a win over the Rochester Grizzlies 4-3, then a heroic comeback from the Sudbury Bulldogs' early lead in game two that ended in a 4-6 loss (the final Sudbury goal an empty-netter). The Eagles were undefeated on Saturday, beating the St. Catharines Falcons 3-0, and the Vaughan Rangers 4-1, to advance to the semi-finals in 2nd place out of nine teams.

In Sunday's Eagles vs. Eagles semi-final, our EG Eagles soared past the Burlington Eagles 4-3 in an exciting overtime battle, to move to the finals vs. the undefeated leader, the Rochester Monarchs, a US AAA team.

The final game saw the Eagles hold the Monarchs to 1 goal in each of the 1st and 2nd periods, then the Eagles scored 3 in the 3rd (one on a penalty shot) to take the lead. With 43 secs left on the clock, Rochester pulled their goalie and tied up the game, forcing the overtime period, in which they scored for the win. So close...

Terrific teamwork Eagles! Congratulations on winning silver in your 1st tournament of the season! Proud Eagles from left to right:

Goalies: Justin Brown, Michelle Kinzett

Players, 1st row: Bradley Arbour, Tyler Robertson, Trevor Grasby, Colin Van Houdt, Erik Westlund, Richard Whittaker

Players, 2nd row: Thomas Stover, Michael Aloise, Josh Tambos, Kyle Courts, Matthew Reinsma, Ben McIlwraith

Players, 3rd row: Dylan Weaver, Adam Carter, Jamie Goldring

Coaches: Shawn Pollard (Head Coach), Mark Goldring (Trainer), Dave Carter (Assistant Coach)

# EGMSA Closes Another Great Season

Proud parents, friends, families, coaches and all EGMSA Executives were on hand at the closing games for both the Pee Wee and Bantam divisions.



The Bantam division played in Tottenham against teams from Bradford, Innisfil and Tottenham. The Bantam team sponsored by The Edge Performance played strong and won their first game then lost the next two consecutive games ending their season. The team had a great season, including some exhibition games against Stouffville and Newmarket under the coaching of Jim Chapman and Dave Wiltshire.

The Pee Wee division played in Innisfil against teams from Bradford and Innisfil. After some exciting plays and nail biting calls, the Pee Wee team sponsored by ES Automotive, advanced to the championship game on Sunday against Bradford at the Bradford diamonds. It was another exciting game with lots of EG fans out to watch and everyone was on the edge of their seats with each play. It was a very close game and in the end, Bradford was victorious claiming the championship title. The Pee Wee team had a fantastic season, finishing 2nd after the regular season under the direction of coaches Zanis Lourandou and Paul Downing.



Big congratulations to the coaches and players from both the EGMSA Bantam and Pee Wee teams, it was a fantastic season and the players put a lot of heart into their season and made EGMSA proud.

---

*MARK YOUR CALENDAR!*

*EAST GWILLIMBURY'S Remembrance Day Ceremony will be held Sunday, November 11, 2012 at 10:50 a.m. at the Civic Centre. A light lunch will be served following the ceremony. ALL WELCOME.*

## Eat Food, Not too Much, Mostly Plants.

“Eat Food. Not too much. Mostly plants.” is a now famous quote by Michael Pollen. In fact, it’s the tag line for his wonderful book “In Defense of Food”. I chose to focus this month’s article on this particular quote because I feel we can all learn so much from such simple, concise advice. We get bombarded by messages about what is and isn’t healthy, we get distracted and drawn-in by the promise of the latest fad diets and we are forever on the search for the quick fix. In reality, all we really need to do is keep it simple.

Let’s focus on the first part, simply to “Eat Food”, which for many people is way harder than it looks! Ask yourself the following question; “Do you know exactly what that food looked like in nature?” If the answer is yes, then it’s probably food. If it had to go through three or four (or 24!!) steps to get there, it’s not food anymore. Ever picked an Oreo off a tree? How about a piece of bread (like we see in a recent commercial)? Yup, even that bread went through many, many steps to make it into a package at the grocery store. The less steps it has to go through to make it to your table, the better! Try not to get caught up in the hype of marketing and labels either (high in vitamin C! or high in Fibre), these are usually just marketing ploys to get you to buy a product. Enjoy a little of everything, keep it as minimally processed as possible and don’t focus on the “perfect” this or the “latest” that, that’s taking the essence away from whole, simple, real food.

Lesson two (and a tough one to learn sometimes), “Not too Much”. Simple enough in theory, but can be difficult to implement. Try and eat until you are full, not stuffed. Apparently the French don’t even have a word for “I’m full”, they simply say they aren’t hungry anymore. I think that’s a great approach to take! Just because a food is good for you, doesn’t mean you should stuff your face with it until you can’t breathe and you need to unbuckle your belt. Eating until you just aren’t hungry anymore is a good rule to follow. Eat. When you start to feel full, stop eating. Pretty simple. If you are hungry again an hour later, eat some more. Just make sure it’s all real food! Learn to listen to your body and it’s signals, when

you start doing that, maintaining an ideal weight and excellent health is easy. (Please note, if you are still having sugars, processed foods, artificial sweeteners, excessive caffeine or alcohol, you may not be able to listen to your body’s “full” signals at all!! These foods can disrupt normal brain signalling - not good. Cut out the non-food items that mess with your “I’m full” signals and it’s just like pressing the “reset” button!)

And finally lesson three; “Mostly Plants”. This is another area where a lot of us go wrong. The reality is, most of our non-plant based foods are highly processed meats and grains that are often full of additives and preservatives. Vegetables are a huge source of valuable nutrients for us! They help us maintain mineral density in our bones, support our immune system, keep our organs healthy and do a ton of other things that we haven’t even discovered yet. Did you know that studies done on supplemental vitamin C do not produce the same results as 1/100th of the same dose of vitamin C when eaten in a whole food. There is an amazing balance of nutrients that we can only get by eating whole fruits and vegetables. There is so much we still don’t know about our food, we are discovering more and more every day, but we do know that eating lots of veggies certainly doesn’t hurt us! So go ahead and enjoy your homemade burger or a steak, but don’t forget to give some plants centre stage at your next meal.

Remember, change takes time. Start to really think about what you are eating, make educated choices, ask questions along the way; that’s how we all learn. If you want to learn more about eating REAL foods, come to one of my seminars, I’d love to have you! Check out [www.bodydesignm.ca](http://www.bodydesignm.ca) for dates and locations. Until then keep it simple and follow Michael Pollen’s great advice; Eat food, not too much, mostly plants.



*Brandi is a Registered Nutritionist and certified Personal Trainer at Body Design. Body Design offers personal training, nutrition and lifestyle coaching to assist individuals achieve their fitness and weight loss goals. [www.bodydesignm.ca](http://www.bodydesignm.ca)*

# WHY BAN PESTICIDES?

By Lynne Marie Sullivan, Master Gardener

Dandelions and their weedy cousins have had their day in the sun since Ontario's cosmetic pesticide ban went into effect in April 2009. Homeowners despair over the diversity developing in their turf, while gardeners grow weary of squashing red beetles in Asiatic lilies.

Who introduced Ontario's pesticide ban, and why? No, it wasn't tree-huggers advocating organic dandelions for salad. Actually, concerns about public health factored into the decision, as well as the environment. We cannot escape the chemicals we use in our yards, which make up the bulk of suburban land.

By introducing the ban on cosmetic pesticides, the Ontario Ministry of the Environment acted on their commitment to protect the public, especially children, from pollution and toxic chemicals. Medical experts, including the Canadian Cancer Society, made a convincing case for the need to reduce our exposure to pesticides. Children (along with pets) are particularly susceptible, and often have the most direct contact with our garden plants, including turf.

It goes a step further when we consider that chemicals applied to our lawns and gardens eventually end up in our water. What doesn't perk down directly to the water table washes into storm sewers. Contrary to the common misconception, storm water is not treated in any way. Indeed, it drains directly into rivers and lakes, including Lake Simcoe. Something to keep in mind the next time a guy in an unmarked truck offers to spray your lawn for grubs and weeds.

Master Gardeners are certified horticulturists who offer gardening advice to home gardeners as a free public service. Email [yorkmastergardener@gmail.com](mailto:yorkmastergardener@gmail.com), or visit [www.mgoi.ca](http://www.mgoi.ca).



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# Hold the Rope

By Vicki Pinkerton

This summer, my daughter Desirée and I left ‘real’ life behind to spend 5 days and 4 nights on the Chilkoot Trail. In the 1890’s the trail came to international attention as one of the ways for the gold fevered of the world to make their way to the gold fields in Dawson City in the Yukon. Today it has been named a national historic site. It has been a dream of mine to hike it ever since I read Pierre Berton’s, “The Golden Trail,” in my teens. I am not really a backpacker and my knees are starting to complain about their age, so I had decided probably that particular dream would never be checked off my list. However, in January 2012, Desirée asked me if I would be her hiking partner and I jumped at the chance. “If the doctor Ok’s my knees, YES!”

One MRI later, I confirmed my flights, paid my fee for the 5 day stay, made sure my passport was updated and started to train. I had hiked before but never backpacked so I trained with a 40lb pack on my back. During February and March that was fine but in the heat of the spring and summer, it was hard. I was glad to get to the chill of the Yukon.

I can’t tell you much about the hike here. There just isn’t the space to describe the spectacular trail moving from the lush Alaskan coastal rainforest, stark alpine ice and rock, into boreal forest and glacial desert. I could go on forever about the thrill of seeing footprints on the path and understanding that under the marks of those who walked before me that day were the vibrations of the hikers of the past. Nothing I had read and none of my training readied me for the challenging conditions and long exhausting days or for the excitement of watching my body perform in ways that I had not imagined it would.

What I really had in mind when I started this article was to tell you about the rope, the imaginary rope that got us through. “Hand me the rope would you?” Hearing her voice I glanced down at Desirée following me over a steep rock face I had just scrambled up. I had found my second wind and she hadn’t. Her pack was heavy and the camp we kept expecting to be just over the next rise seemed to elude us. I shifted my weight to accommodate my own 35 lb pack, bent over and leaned out reaching toward her. It was too far and our fingers barely touched but suddenly she found her footing and was standing beside me. We were both tired but we smiled at each other and kept walking.

The park only allows 50 people to start the hike each day and has designated campgrounds so during our time we became friendly with other hikes staying at the camp sites with us night after night. Often they too, would extend a rope. At one particular swift river crossing several people with better balance and stronger muscles ferried heavy packs over the stream while others extended their hiking poles to form a steadying railing. The railing was frail. If a hiker had fallen and grabbed it to keep upright, the whole thing would have collapsed but somehow just having the illusion of something to hold was enough. The invisible rope again.

Between Desirée and I, ‘the rope’ was uncoiled often. Sometimes it was two hands grasping and pulling but more often than not, it was just an extended hand, sometimes a mere brush of fingertips. What was the magic of the nonexistent rope? We marveled at its strength to get us over the hump. We laughingly called upon it in every circumstance and threw it out to lift our spirits at the end of a long day or at the beginning of a steep hill.

When I got home, I began to think about the rope. We used it often and it worked. What was it that we discovered? Maybe it was the shared experience, or it could have been the energy between us? Sometimes the lightest of touches balanced us and brought us through tough situations. It was not a solid railing, something to pull on that held us up and yet it worked as if it was. How is that possible?



It occurred to me that if my hiking partner had needed rescuing, if I had needed to go down and lift her physically over the rocks, it would have been too big a job, one I was not capable of doing. If someone had said to me at the beginning of the day, you will have to carry at least one person up and over those rocks all day, I would have been overwhelmed, may have refused. After all, I know my limits. I had to get my own weight, including my pack up and over those rocks. There was no way I could be expected to carry others too. But what if I could make a difference to someone without lifting their burdens completely? What if I could throw out the rope?

Often when we need a helping hand we don't need something big or heroic. We just need a little lift or a pull. Sometimes all it takes is a word or a smile to bring us to a new point on the trail we walk. Extending a hand helps us as well as the person we intend to boost. There are days when just being there for someone is enough. It isn't grueling to be there for your friends, neighbours or coworkers if you know that you are part of the community and if you have the tools. So get yourself a coil of imaginary rope and keep it handy. You never know when one of life's mountains will throw itself across the path and give you an opportunity for some unexpected climbing.



*Vicki Pinkerton lives on a small farm just outside of Mount Albert when she is not driving the roads of Canada. She is a practicing life coach, a writer and adventurer who wonders about many things. [www.questacrosscanada.com](http://www.questacrosscanada.com) or [lifelinescoaching.org](http://lifelinescoaching.org)*

# Decor: Window of Value

By Susan Crema-Martin

A couple decided to sell their property after living in it for over 30 years. They have been renovating this house for the past 5 years and it has been a labour of love for them. The kitchen, bathrooms and basement were all renovated with high end tiles, trimming, cabinetry etc. The dining room, living room and bedrooms were still retro 1970's with sponge painting on the walls, wallpaper and original carpets.

These property owners were advised to hire a professional stager to provide them with advice to prepare the house for the fall market. At the consultation I noticed that the kitchen and living room wall was removed, inlaid tiles were designed on the floor and many other changes were made to the original floor plan. Once my assessment was completed, I asked my agent what the market value of the property was and proceeded to examine the MLS listings in their area to determine the competition.

A home is usually a long term investment unless you are a "flipper" of course. Many homeowners put years and dollars into upgrading and renovating and sometimes this may not be an advantage when you want to sell your home. Hiring a professional stager assists home sellers to determine how much equity should be put into the property to get the highest R.O.I. (return on investment). While buyers might love all the upgrades, they usually do not want to pay a premium and own the most expensive house on the street. Since the house still required more upgrading, the couple benefited with a comprehensive staging report which provided them with ideas to assist in the completion of the work in cost effective ways and not price them right out of the market.

Christine Rae, CSP(Canadian Staging Professionals) International President says that, "In the race to secure a buyer, if you are not staging your property know you will be at a distinct disadvantage because the property down the street will be staging theirs." Buyers buy emotionally, therefore staging a property assists buyers to visualize how they can live in that property, and that is exactly what we did. The staged property had several buyers and the agent, Brad Watson, Sales Representative for REMAX Omega Realty said, "you could hear the children squealing with excitement when they saw the playroom downstairs. The women just loved the set up in the kitchen/dining room, you really understood the market in the area and hit a home run on this one..."

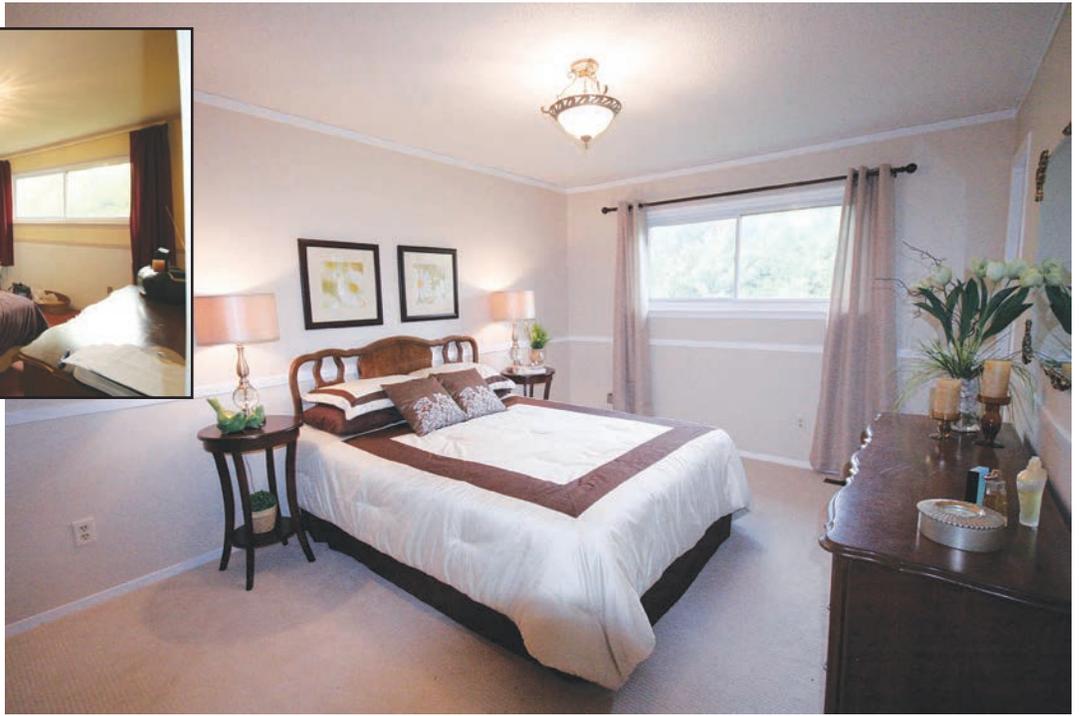
The outcome... (next issue)





Photos above: Bedroom freshly painted, replaced outdated light fixtures and decor.

Photos on opposite page: Kitchen area with replaced tiles and updated.



Susan Crema-Martin is a Certified Master Canadian Staging Professional – CCSP Mentor  
 If you have a question for Susan, send your questions to: [info@thebulletinmagazine.com](mailto:info@thebulletinmagazine.com)



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# Taxes Collected on the Sale of Your Property

By Ian Hawkins

*There seems to be no end to the ways that our government finds to empty our pockets. You pay tax on your earnings, and again when you buy stuff and then there may well be tax payable when you get rid of it too!*

When you sell personal-use property, such as cars and boats, you may have a capital gain or loss. In most cases you do not end up with a capital gain, because this type of property usually does not increase in value over the years. As a result, you may end up with a loss. Although you have to report any **gain** (and pay capital gains tax) on the sale of personal-use property, generally you are not allowed to claim a **loss**. Small surprise really.

Listed personal property (LPP) is a type of personal-use property which usually increases in value over time, including stamps, coins, works of art, jewellery, and rare books, folios or manuscripts. Capital cost allowance cannot be claimed on listed personal property.

If you have LPP which you purchased for more than \$1,000, and you sell the property for more than you paid, you will have a capital gain to report on your tax return. The deemed cost of LPP purchased for less than \$1,000 is \$1,000. If you have LPP which you purchased for \$800, and you sell the property for \$1,300, your capital gain will be \$300.

If you sell the property at a loss, the loss can only be used to reduce the gain from the sale of other LPP. It cannot be used to reduce other capital gains or other income. The loss can be carried back 3 years or carried forward 7 years to be used to reduce the gain from the sale of other LPP in those years.

You are probably aware that HST is collected by MTO on the sale of your used vehicle (motor cycle and automobile). There are some circumstances when HST does not have to be collected.

## **Estate Bequests**

The ownership of a used motor vehicle may be transferred exempt from HST to any beneficiary named in a will. A copy of the will must be shown to the MTO at the time of transfer.

Where there is no will, the beneficiary must provide:

- a copy of the Death Certificate, and
- a letter from the court or a lawyer to confirm that he or she is a beneficiary, or an affidavit or sworn statement supporting the requested transfer signed by the beneficiary.

If a will, letter, affidavit, or sworn statement cannot be provided, or if the ownership of the vehicle is to be transferred to someone other than a beneficiary, HST must be paid on the vehicle's fair market value.

## **Gifts Between Family Members**

A used motor vehicle may be transferred exempt from HST to a person from a member of his or her family. A family member means father, mother, spouse (as defined in section 29 of the Family Law Act), grandfather, grandmother, son, daughter, grandson, granddaughter, son-in-law, daughter-in-law, father-in-law, mother-in-law, step-father, step-mother, step-grandfather, step-grandmother, step-son, step-daughter, step-grandson or step-granddaughter.

Family members do not include brother, sister, aunt, uncle, or cousin.

Only one exempt transfer of the same vehicle, between family members, is allowed within a 12-month period.

---

*Ian & Dorothy Hawkins own and operate Mount Albert Tax Company and Holland Landing Tax Company. They have entered into a partnership with Provincial Capital Financial Services who specialize in developing individual financial plans tailored to a client's unique needs. A specialist is available to consult with you in your home at a time convenient to you.*

# Hort Happenings • October 2012

By Anne Hill

Fall is the perfect time to plant...but we had to call off the East Gwillimbury Gardeners plant sale on September 8th as we were getting absolutely drenched. I do apologize if you came out to the sale that day and were disappointed. The rescheduled sale on September 15th saw a lot of good perennials go to new homes where they will have time to settle in before the cold weather arrives. Thank you to everyone who donated plants and baking or helped at the sale, and to the buyers who supported this fund-raiser which helps buy plants for our community gardens. Our next plant sale will take place in Mount Albert on May 25, 2013.



East Gwillimbury Gardeners

Several local businesses donated items for our successful silent auction in August; we extend sincere appreciation to Ben's Pharmacy, James Campbell Insurance, Mad Hatter Bistro and Catering, Mount Albert Chiropractic and Wellness Centre, Queensville Farm Supply and Country Store, Rose Family Farm, The Corner Decor & More, Vince's Market. Thank you so much.

The fruit crops have been less plentiful this year because of the strange spring we had but tomatoes seem especially good and there are still many types of delicious produce that we can squirrel away for winter. On Tuesday October 16th, at 7:30pm at Mount Albert Community Centre our guest will be local cookbook author Moira Sanders. Moira will demonstrate making two-burner chutney and tell us about other ways to gather and preserve summer's goodness. Mark Mantha will also be with us that evening; Mark is a successful vegetable gardener who has been very much involved with the community gardens in Newmarket. He has also had discussions with the Town of Newmarket about the possibility of keeping a few backyard chickens. Sounds like an interesting evening.

Are you familiar with crocosmia? It's an old-fashioned plant which is making a comeback in a strong, healthy form that's hardy in this area. It has bright red or orange flowers in mid-summer on airy spikes above straight green sword-like leaves. The best-known variety of crocosmia is "Lucifer". We are selling bulbs of crocosmia and also Camassia, which is a blue or white spring – flowering bulb, as a fund-raiser for the Ontario Horticultural Association. Each package of bulbs sells for \$7 and our society will receive a portion of the profits. You can order bulbs by calling Ellen at 905-473-1322 between now and October 20th.



So many tulips failed to flower this spring that it's time to add some new ones. Dugald Cameron from Garden Import showed pictures of some of the new tulips and daffodils at last month's meeting – just stunning. To deter squirrels he suggests hair scattered on the garden. Human, dog, cat, apparently squirrels hate all kinds of hair. It's well worth a try.

For more information on anything in this article, please call 905-478-8450, email [mtalbert@gardenontario.org](mailto:mtalbert@gardenontario.org) or visit our website <http://www.gardenontario.org/site.php/mountalbert>

# Garden:

## Rediscover the Humble Hydrangea

By Mary Lou Swanson, Lake Simcoe South Master Gardeners



As consumers we can be as fickle about flowers and foliage as we are about fashion and home decor. Plant popularity comes and goes just like the colour of our kitchen appliances or the cut of our jeans. Wildly popular in the Victorian era, the humble Hydrangea is enjoying a renaissance in today's gardens, thanks to the efforts of plant experts who are producing plants with improved characteristics such as stronger stems, attractive colours and larger blooms.

This renewed interest in Hydrangea seems to have stemmed from the introduction of a variety called Hydrangea macrophylla 'Endless Summer'. Macrophylla, otherwise known as Big Leaf Hydrangea, is extremely popular because it is the most colourful of all the species. These plants produce flower buds in the fall for next season's blooms. The hard winters in our zone 5 gardens will often kill off the buds of old varieties so that the plant won't flower the following season. Exciting new introductions, such as 'Endless Summer' have the ability to bloom on old and new wood. If the buds are winter-killed the plant will form new buds in the spring and still bloom.

An interesting feature of this plant is that the flower colour will vary depending upon soil pH. An acid soil will turn the blooms blue while an alkaline soil produces pink flowers. To acidify the soil, aluminum sulfate can be added around the plant. Horticultural lime will make the soil more alkaline. It might be more fun to just to wait and see what surprises your soil has to offer. It is best to leave the flowers on this plant over the winter to help protect the tender buds. These can be pruned off in the spring along with any dead wood.

Also getting attention by today's gardeners is Oakleaf Hydrangea (*Hydrangea quercifolia*), native to the Southeast but still able to thrive in zone 5 gardens. It is valued for its beautiful oak-like foliage that turns crimson in the fall. The cone shaped blooms start out white and fade to subtle shades of pink, finally turning a rich brown colour that lasts all winter. The cultivar 'Snow Queen' offers exceptional fall colour while 'Snowflake' bears clusters of double flowers 30-45 cm long. This plant blooms on old wood, so wrapping the shrub in burlap over the winter will help to protect the buds from freezing. Pruning should be done after flowering.

Smooth Hydrangea (*Hydrangea arborescens*) is a very hardy native species which produces large white flowers on new growth in summer. The cultivar 'Annabelle' is most commonly grown today. Its large, tight symmetrical blooms will linger until the following spring and add exciting winter interest to the garden. Spring pruning produces larger flowers but this added weight causes the stems to bend, especially after a rainfall. A new introduction called 'Incrediball' (*Hydrangea arborescens* 'Abetwo'), is similar to 'Annabelle' but offers four times the number of flowers sitting on strong thick stems which won't flop over.

Panicle Hydrangea (*Hydrangea paniculata*) is named for its large cone-shaped flower heads. This gracefully arching shrub is hardy to zone 4 and blooms reliably on new wood each year. The most common cultivar 'Grandiflora' (Pee Gee Hydrangea) can be grown as a small tree or shrub. The key to success is pruning hard in the spring to encourage vigorous new growth. 'Tardiva', 'White Moth' and 'Pee Wee' fit the scale of small gardens. 'Limelight' produces cool green flowers and grows to a height of six to eight feet.

Continued on page 29



## East Gwillimbury Minor Atom AE Champions! 2012 Orangeville Early Bird Tournament

*PHOTO:*

*Head Coach: Jeff Williams, Coaches: Jeff Minor, Chad Annette, & D. Arbour Team: #4 Trent Minor, #9 Austin St-Louis, #10 Connor McPherson, #14 Sean Wilson, #24 Cameron Mitchell, #29 Nathan Annette, #39 Paige Fintelman, #49 Braden Roberts, #68 Caleb Williams, #77 Josh Sprigg, #87 Keagan Arbour, #88 Karsten Brown, #89 Connor Carlsen, #91 Steven Maltezos*

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No discussion of Hydrangea would be complete without mentioning the Climbing Hydrangea (*Hydrangea anomala petiolaris*). Few climbing plants are as magnificent in full bloom. A strong deciduous vine, it clings to any rough surface with little rootlets that sprout from the stems. Flat, lacy, creamy-white flowers bloom from June to early July creating the illusion of antique lace against its dark, glossy green leaves. Hardy to zone 4, this reliable vine need only be pruned to restrict its growth as it grows up walls, trees or fences. It will also grow over rocks or can be used as a ground cover.

Most hydrangeas thrive in humus rich, moist, well drained soil in sun or partial shade. Some species will even tolerate full shade. The large leafed varieties will often wilt in the hot sun but will usually perk up in the evening without extra watering. Using mulch helps to preserve moisture. Hydrangeas are generally easy to grow with occasional problems including grey mould, slugs, powdery mildew, rust, or leaf spot.

An added feature of this wonderfully versatile plant is that its flowers can be dried and enjoyed inside all winter long! Hydrangea flowers are composed of tiny fertile flowers and more conspicuous sterile flowers. Lace-caps have a single ring of showy florets surrounding a centre of fuzzy fertile flowers. Mophead type flowers are composed of mostly showy sterile flowers. To dry the flowers, cut in late summer just as the fertile flowers begin to open. Cut stems should be about 30 cm long with all the leaves stripped off. Place these cut flowers in a vase half filled with cold water and set them to dry in indirect light until all of the water has evaporated. Hydrangeas dried with this method should last for as long as a year.

No wonder Hydrangea is currently enjoying a well-deserved resurgence in popularity. This diverse group of plants offers a wide range of beauty and has something to offer for every landscape situation.

Lake Simcoe South Master Gardeners provide free gardening advice in York Region. Send your questions to our gardening hotline at [lssmastergardeners@gmail.com](mailto:lssmastergardeners@gmail.com)



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# RANDOM HALLOWEEN FACTS

- The first Jack O'Lanterns were actually made from turnips.
- Halloween is the second highest grossing commercial holiday after Christmas.
- Samhainophobia is the fear of Halloween.
- Fifty percent of kids prefer to receive chocolate candy for Halloween, compared with 24% who prefer non-chocolate candy and 10% who preferred gum.
- Halloween has variously been called All Hallows' Eve, Witches Night, Lamswool, Snap-Apple Night, Samhaim, and Summer's End.
- 72.2% of those surveyed by the National Retail Federation will hand out candy, 46.3% will carve a pumpkin, 20.8% will visit a haunted house, and 11.5% will dress up their pets.
- The word "witch" comes from the Old English wicce, meaning "wise woman." In fact, wiccans were highly respected people at one time. According to popular belief, witches held one of their two main meetings, or sabbats, on Halloween night.
- Stephen Clarke holds the record for the world's fastest pumpkin carving time: 24.03 seconds, smashing his previous record of 54.72 seconds. The rules of the competition state that the pumpkin must weigh less than 24 pounds and be carved in a traditional way, which requires at least eyes, nose, ears, and a mouth.
- Boston, Massachusetts, holds the record for the most Jack O'Lanterns lit at once (30,128).



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## ADVERTISEMENT

# Through the Hayes

Well here we are again – another golf season just about over. My name is John Hayes and my wife Julia and I own and operate Blackwater Golf on Highway #48.

You know some days it's just too hard and this is one of those days. But here goes anyway. I have had the chance since last month's column to do some research on the Sewage Treatment Plant proposed to go just north west of Queensville. This included an one on two chat with the Chief Administrative Officer of East Gwillimbury, Tom Webster (a man I truly respect). He informed me – with a straight face – that the required public Town meetings on the "Water Reclamation Centre" did, in fact, take place. Admittedly they took place outside of East Gwillimbury – one being held in Aurora and one in Newmarket. I gotta tell you the stunned vacuous wide eyed look of total disbelief is just now fading from my visage (despite the fact my wife claims this is my normal look). Oh my, wouldn't you think that maybe, just maybe, the Region, the Town, the CAO, the Mayor or Council would insist that a meeting with an open mike would/could be held in Queensville – the proposed location. Duh!

I am not sure that the good citizens of both Aurora and Newmarket care about the smells, trucking and sludge disposal in the same way as the Queensville residents. Come on guys let's make this real. Here's what I got for you... To quote the Region on the UYSS (Upper York Sewage System) – "As a result of EXTENSIVE CONSULTATION (rotfl) York Region has identified a recommended site for the proposed "Water Reclamation Centre". This poo plant is to be located on the 2nd Concession, 1 km north of the Queensville Sideroad. So lets examine these previous extensive public meetings according to the UYSS website.

|                     |                                                                                    |
|---------------------|------------------------------------------------------------------------------------|
| November 16th, 2011 | Town of Georgina                                                                   |
| December 5th, 2011  | Meetings with the Chippawas of Georgina                                            |
| June 27th, 2012     | East Gwillimbury Council Chambers                                                  |
| June 28th, 2012     | Town of Aurora Council Chambers                                                    |
| August 13th 2012    | The UYSS team had a booth (no less) at the Lake Simcoe SPLASH Festival in Georgina |

Well, well, it's nice to know that they are doing such a fine job with our taxpayers money of informing the most affected residents of just how soooooo ducky this little bittie poo plant will be.

On a local level, how come when a staff report on the proposed plant selection was recently presented to Council, it was inadvertently left off the Agenda? – oops!!!! Despite this, a discussion ensued without public notification – oops again!!!!!!

Well a little bit of good news at last. Apparently, at this late stage of the selection process we are to have two more "public" meetings...

The first is to be held at the Newmarket Community Centre at 200 Doug Duncan Drive in Newmarket on October 3rd, 2012

|         |                                                                        |
|---------|------------------------------------------------------------------------|
| 6.30 pm | Open house to talk to the project team                                 |
| 7.00 pm | 40-minute presentation followed by a question period with an open mike |

The second meeting is to be held on October 4th, 2012 at the Holland Landing Community Centre at 19513 Yonge Street, Holland Landing. This will follow the same format as above.

For more information, please call Ms Adrian Coombs (905) 830 4444 ext. 5098

So there you have it. I guess the rest is obvious. Be there or be square. This is getting to be near the last chance to be heard and to have your questions answered, to find out the impact this will have on you, what the criteria were for the selection process, what exactly IS being planned, how the Official Plan got amended etc. etc.

It's on us now. We're on our own. It's just us against the region and the whole smelly process. Please take a quick peek at *WTF East Gwillimbury's* web site on Facebook. Ttttttthat's all folks!!!!!!

Please feel free to contact me at Blackwater Golf (905) 473 6684 or [contact@blackwater-gc.ca](mailto:contact@blackwater-gc.ca)

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